

## La Paloma Academy - Central Campus February Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2/5/18	2/6/18	2/7/18		2/9/18
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Cheerios Cereal	Mini Strawberry Bagel	Mini Wheats Cereal	Whole-Wheat Pan Dulce	Apple Cinnamon Muffin
Apple Nutri-Grain	Scooby Doo Graham Sticks	Whole-Grain Cinn Pop-Tart	Cheddar Cheese Stick	Go-gurt
Milk	Milk	Milk	Milk	Milk
and	and an	and	and	and
100% Grape Juice	Applesauce Cup	Fresh Grapes	Sliced Apples	100% Orange Juice
2/12/18	2/13/18	2/14/18	2/15/18	2/16/18
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Trix Cereal	Bagel with Cream Cheese	Cinnamon Toast Cereal	Cinnamon Bun Whole-Wheat	Banana Muffin Whole-Grain
Cherry Frudel	Bugs Bites GrahamCracker	Whole-Grain Strawberry Pop-Tart	String Cheese Stick	Go-Gurt
Milk	Milk	Milk	Milk	Milk
and	and	and	and	and
100% Grape Juice	Sliced Apples	Fresh Grapes	Very Strawberry Applesauce	100% Orange Juice
2/19/18	2/20/18	2/21/18	2/22/18	2/23/18
Select 2 items:	Select 2 items:	Select 2 items:	Rodeo Day	Rodeo Day
Froot Loop Cereal	Mini Cinnamon Bagel	Lucky Charms Cereal	NO SCHOOL	NO SCHOOL
Strawberry Nutri-Grain	French Toast Crackers	Whole-Grain Cinn Pop-Tart		
Milk	Milk	Milk		
and	and an	and		
100% Grape Juice	Applesauce Cup	Fresh Grapes		
2/26/18	2/27/18	2/28/18	3/1/18	3/2/18
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Trix Cereal	Bagel with Cream Cheese	Apple Jacks Cereal	Cinnamon Bun Whole-Wheat	Choc. Chip Whole-Grain Muffin
Apple Frudel	Animal Crackers	Whole-Grain Strawberry Pop-Tart	String Cheese Stick	Go-Gurt
Milk	Milk	Milk	Milk	Milk
and	and	and	and	and
100% Grape Juice	Sliced Apples	Fresh Grapes	Very Strawberry Applesauce	100% Orange Juice



Choice of Fat-Free or 1% White Milk available for breakfast.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Make payments to your child's lunch account at Whole-Wheatw.MySchoolBucks.com Applications for FREE and REDUCED lunches are available at the front desk.





## La Paloma Academy February Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2/5/18	2/6/18	2/7/18	2/8/18	2/9/18
Sloppy Joes	Orange Chicken	Hot Diggity Dog	Turkey Taco Bowl	Pepperoni Pizza on a
Crinkle Cut French Fries	with Rice	Sweet Potato Tots	Refried Beans	Whole-Grain Crust
Chilled Diced Peaches	Steamed Broccoli Florets	Mixed Fruit	Fresh Grapes	Green Beans
Milk	Apple	Milk	Salsa	Diced Pears
	Milk		Milk	Milk
2/12/18	2/13/18	2/14/18	2/15/18	2/16/18
Chicken Pattie Sandwich	Chicken Fajitas	Turkey Corn Dog W/G	Chicken Strips	Whole-Grain Spaghetti w/Meatsauce
Sweet Potato Tots	Spanish Rice	Barbecue Beans	Whipped Potatoes	Mixed Vegetables
Chilled Diced Peaches	Carrot Sticks	Mixed Fruit	Banana	Applesauce
Milk	Orange Smiles	Milk	Whole-Grain Biscuit	Wheat Breadstick
	Milk	Salsa	Milk	Milk
2/19/18	2/20/18	2/21/18	2/22/18	2/23/18
Barbecue Chicken Sandwich	Mini Maple Waffles	Lit'l Smokies	Rodeo Day	Rodeo Day
Sweet Potato Fries	Sausage Patty	Ranchero Beans	NO SCHOOL	NO SCHOOL
Chilled Diced Peaches	Smile Potatoes	Mixed Fruit		
Milk	Apple	Whole-Grain Tortilla		
	Milk	Milk		
2/26/18	2/27/18	2/28/18	3/1/18	3/2/18
Barbecue Pulled Pork Sandwich	Whole-Grain Chicken Nuggets	Chicken Taco Bowl	Barbecue Chicken Drumstick	Pretzel and Cheese
Whipped Potatoes	Sweet Potato Tots	Refried Beans	Steamed Broccoli	Green Beans
Chilled Diced Peaches	Banana	Mixed Fruit	Diced Pears	Applesauce
Milk	Whole-Grain Biscuit	Milk	Whole-Grain Biscuit	Milk
	Milk	Salsa	Milk	



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