

La Paloma Academy August Breakfast Menu

Central Campus

Monday	Tuesday	Wednesday	Thursday	Friday
			2 Pancake Wrapped w/Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	3 Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice
6 Yogurt & Crackers or Lucky Charms with a Cheese Stick 100% Grape Juice	7 Whole-Wheat Pan Dulce served w/Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and an Apple	8 Maple French Toast or Fruity Cheerio with a Cheese Stick and Applesauce	9 Pancake Wrapped w/Sausage on a Stick or Bugs Bites Graham Cracker served with Cheese Stick and Fresh Grapes	10 Blueberry Mini Pancakes or Trix with a Cheese Stick 100% Orange Juice
13 Yogurt & Crackers or Cocoa Puffs with a Cheese Stick 100% Grape Juice	14 Whole-Grain Bagel with Cream Cheese or Whole-Grain Cinnamon Pop- Tart served with Cheese Stick and an Apple	15 Maple French Toast or Apple Jacks with a Cheese Stick and Mixed Fruit Bowl	16 Pancake Wrapped w/Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	17 Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice
20 Yogurt & Crackers or Frosted Flakes with a Cheese Stick 100% Grape Juice	21 Whole-Wheat Pan Dulce served w/Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and an Apple	22 Maple French Toast or Trix with a Cheese Stick and Applesauce	23 Pancake Wrapped w/Sausage on a Stick or Bugs Bites Graham Cracker served with Cheese Stick and Fresh Grapes	24 Blueberry Mini Pancakes or Trix with a Cheese Stick 100% Orange Juice
27 Yogurt & Crackers or Cheerios with a Cheese Stick 100% Grape Juice	28 Mini Strawberry Bagel w/Cheddar Cheese Stick or Whole-Grain Cinnamon Pop-Tart served with Cheese Stick and an Apple	29 Maple French Toast or Little Wheat Bite Cereal with a Cheese Stick and a Mixed Fruit Bowl	30 Pancake Wrapped w/Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	31 Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice

Choice of FF, 1% White milk is available for Breakfast. Raisins or Cranraisins are also available.
Choice of FF, 1% White milk and FF Chocolate milk is available for Lunch

Menu are subject to change without notice.

Make payments to your child's lunch account at www.myschoolbucks.com

Applications for FREE and REDUCED Lunches are available at the Front Desk.

"This institution is an equal opportunity provider."

La Paloma Academy

August Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast \$.00 Reduced Lunch \$.40 Lunch \$2.85			2 Whole-Grain Turkey Corn Dog Barbecue Beans Orange Slices Milk	3 Cheese Stick with Marinara Garden Salad with Italian Dressing Applesauce Milk
6 Hamburger Crinkle Cut French Fries Chilled Diced Peaches Milk	7 BBQ Chicken Drumstick Steamed Broccoli Florets Apple Whole-Grain Biscuit Milk	8 Hot Diggity Dog Sweet Potato Tots Mixed Fruit Milk	9 Teriyaki Chicken with Rice Steamed Broccoli Florets Diced Pears Milk	10 Pepperoni Pizza Green Beans Diced Pears Milk
13 Chicken Pattie Sandwich Smile Potatoes Chilled Diced Peaches Milk	14 Sweet and Sour Chicken with Rice Steamed Broccoli Florets Banana Milk	15 Bean & Cheese Burrito Carrot Sticks Mixed Fruit Milk Salsa	16 Chicken Strips Ranchero Beans Orange Slices Whole-Grain Biscuit Milk	17 Spaghetti w/Meat sauce Garden Salad with Italian Dressing Diced Pears Wheat Breadstick Milk
20 BBQ Chicken Sandwich Sweet Potato Fries Chilled Diced Peaches Milk	21 Blueberry Mini Pancakes Sausage Patty Smile Potatoes Apple Milk	22 Grilled Cheesewich Green Beans Mixed Fruit Milk	23 Beef Taco Bowl Refried Beans Fresh Grapes Salsa Milk	24 Pretzel and Cheese Garden Salad with Italian Dressing Diced Pears Milk
27 Turkeywich Sweet Potato Fries Chilled Diced Peaches Milk	28 Whole-Grain Chicken Nuggets Whipped Potatoes Banana Whole-Grain Biscuit Milk	29 Mini Chicken Tacos Refried Beans Mixed Fruit Milk Salsa	30 Teriyaki Chicken with Rice Steamed Broccoli Florets Mandarin Oranges Milk	31 Pepperoni Pizza Green Beans Applesauce Milk

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