



# La Paloma Academy - Central Campus

## January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>7-Jan</b>	<b>8-Jan</b>	<b>9-Jan</b>	<b>10-Jan</b>	<b>11-Jan</b>
Select 2 items: Cocoa Puffs Cereal Cherry Frudel Milk and 100% Grape Juice	Select 2 items: Mini Cinnamon Bagel Bug Bites Graham Cracker Milk and Sliced Apples	Select 2 items: Apple Jacks Cereal Whole-Grain Strawberry Pop-Tart Milk and Fresh Grapes	Select 2 items: Cinnamon Bun Whole-Wheat String Cheese Stick Milk and Very Strawberry Applesauce	Select 2 items: Choc. Chip Whole-Grain Muffin Go-Gurt Milk and 100% Orange Juice
<b>14-Jan</b>	<b>15-Jan</b>	<b>16-Jan</b>	<b>17-Jan</b>	<b>18-Jan</b>
Select 2 items: Cheerios Cereal Strawberry Nutri-Grain Milk and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese Scooby Doo Graham Sticks Milk and an Applesauce Cup	Select 2 items: Lucky Charms Cereal Whole-Grain Cinnamon Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice
<b>21-Jan</b>	<b>22-Jan</b>	<b>23-Jan</b>	<b>24-Jan</b>	<b>25-Jan</b>
<b>Martin Luther King, Jr. Day</b>  <b>No School</b>	Select 2 items: Mini Cinnamon Bagel Bug Bites Graham Cracker Milk and Sliced Apples	Select 2 items: Cinnamon Toast Cereal Whole-Grain Strawberry Pop-Tart Milk and Fresh Grapes	Select 2 items: Cinnamon Bun Whole-Wheat String Cheese Stick Milk and Very Strawberry Applesauce	Select 2 items: Banana Muffin Whole-Grain Go-Gurt Milk and 100% Orange Juice
<b>28-Jan</b>	<b>29-Jan</b>	<b>30-Jan</b>	<b>31-Jan</b>	<b>1-Feb</b>
Select 2 items: Froot Loop Cereal Strawberry Nutri-Grain Milk and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese French Toast Crackers Milk and an Applesauce Cup	Select 2 items: Mini Wheats Cereal Whole-Grain Cinnamon Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	Select 2 items: Apple Cinnamon Muffin Go-Gurt Milk and 100% Orange Juice

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Make payments to your child's lunch account at [www.MySchoolBucks.com](http://www.MySchoolBucks.com)

Applications for FREE and REDUCED lunches are available at the front desk.





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Monday	Tuesday	Wednesday	Thursday	Friday
<b>7-Jan</b>	<b>8-Jan</b>	<b>9-Jan</b>	<b>10-Jan</b>	<b>11-Jan</b>
Chicken Pattie Sandwich Smile Potatoes Chilled Diced Peaches Milk	Sweet and Sour Chicken with Rice Steamed Broccoli Florets Diced Pears Milk	Bean & Cheese Chalupa Carrot Sticks Mixed Fruit Milk Salsa	Chicken Strips Ranchero Beans Orange Slices Whole-Grain Biscuit Milk	Pepperoni Pizza on a Whole-Grain crust Mixed Vegetables Applesauce Milk
<b>14-Jan</b>	<b>15-Jan</b>	<b>16-Jan</b>	<b>17-Jan</b>	<b>18-Jan</b>
BBQ Chicken Sandwich Sweet Potato Fries Chilled Diced Peaches Milk	Blueberry Mini Pancakes Sausage Patty Smile Potatoes Apple Milk	Whole-Grain Grilled Cheese Sandwich Green Beans Mixed Fruit Milk	Beef Taco Bowl Refried Beans Fresh Grapes Salsa Milk	Lasagna Garden Salad with Dressing Diced Pears Wheat Breadstick Milk
<b>21-Jan</b>	<b>22-Jan</b>	<b>23-Jan</b>	<b>24-Jan</b>	<b>25-Jan</b>
<b>Martin Luther King, Jr. Day No School</b>	Crispy Drumstick Whipped Potatoes Banana Whole-Grain Biscuit Milk	Chicken Taco Bowl Refried Beans Mixed Fruit Milk Salsa	Chicken Nuggets Whole-Grain Sweet Potato Tots Diced Pears Milk	Pepperoni Pizza on a Whole-Grain crust Green Beans Applesauce Milk
<b>28-Jan</b>	<b>29-Jan</b>	<b>30-Jan</b>	<b>31-Jan</b>	<b>1-Feb</b>
Sloppy Joes Whipped Potatoes Chilled Diced Peaches Milk	Cheese Enchilada with Green Chile Sauce Carrot Sticks Fresh Grapes Milk	Lit'l Smokies Ranchero Beans Mixed Fruit Whole-Grain Tortilla Milk	Stuffed Meatloaf with Sauce Green Beans Apple Whole-Grain Biscuit Milk	Whole-Grain Spaghetti with Meatsauce Garden Salad with Dressing Diced Pears Wheat Breadstick Milk

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