



# La Paloma Academy - Central Campus

## September Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2-Sep</b>	<b>3-Sep</b>	<b>4-Sep</b>	<b>5-Sep</b>	<b>6-Sep</b>
Labor Day No School	Select 2 items: Bagel with Cream Cheese Scooby Doo Graham Sticks Milk (White) and Applesauce Cups	Select 2 items: Chocolate Chip Benefit Bar Cinnamon Pop-Tart Milk (White) and an Apple-Banana Twist Fruitable	Select 2 items: Cinnamon Toast Cereal Colby Jack Cheese Stick Milk (White) and Apple Twist Fruitable	Select 2 items: Blueberry Muffin Go-Gurt Milk (White) and 100% Orange Juice
<b>9-Sep</b>	<b>10-Sep</b>	<b>11-Sep</b>	<b>12-Sep</b>	<b>13-Sep</b>
Select 2 items: Lucky Charms Cereal Lemon Chip Crisp Bar Milk (White) and 100% Grape Juice	Select 2 items: Cinnamon Raisin Bagel w/Cream Cheese Bug Bites Graham Cracker Milk (White) and Applesauce Cups	Select 2 items: French Toast Benefit Bar Chocolate Pop-Tart Milk (White) and an Apple-Banana Twist Fruitable	Select 2 items: Lemon Chip Crisp Bar Maple Brown-Sugar Granola Bar Milk (White) and an Apple Twist Fruitable	Select 2 items: Chocolate Chip Whole-Grain Muffin Go-Gurt Milk (White) and 100% Orange Juice
<b>16-Sep</b>	<b>17-Sep</b>	<b>18-Sep</b>	<b>19-Sep</b>	<b>20-Sep</b>
Select 2 items: Mini-Wheats Cereal Strawberry Yogurt Chex Mix Milk (White) and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese French Toast Crackers Milk (White) and Applesauce Cups	Select 2 items: Chocolate Chip Benefit Bar Cinnamon Pop-Tart Milk (White) and an Apple-Banana Twist Fruitable	Select 2 items: Cinnamon Toast Cereal Bar Colby Jack Cheese Stick Milk (White) and an Apple Twist Fruitable	Select 2 items: Apple Cinnamon Muffin Go-Gurt Milk (White) and 100% Orange Juice
<b>23-Sep</b>	<b>24-Sep</b>	<b>25-Sep</b>	<b>26-Sep</b>	<b>27-Sep</b>
Select 2 items: Cinnamon Toast Cereal Cherry Frudel Milk (White) and 100% Grape Juice	Select 2 items: Cinnamon Raisin Bagel w/Cream Cheese Elf Graham Cracker Milk (White) and Applesauce Cups	Select 2 items: French Toast Benefit Bar Strawberry Pop-Tart Milk (White) and an Apple-Banana Twist Fruitable	Select 2 items: Cheerios Cereal Maple Brown-Sugar Granola Bar Milk (White) and an Apple Twist Fruitable	Select 2 items: Banana Muffin Whole-Grain Go-Gurt Milk (White) and a Strawberry Craisins

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Choice of Fat-Free White, or 1% White Milk, and Fat-Free Chocolate, available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Make payments to your child's lunch account at [www.MySchoolBucks.com](http://www.MySchoolBucks.com)

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## La Paloma Academy - Central Campus September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2-Sep</b>	<b>3-Sep</b>	<b>4-Sep</b>	<b>5-Sep</b>	<b>6-Sep</b>
Labor Day No School	CHOOSE ONE ENTRÉE Chicken & Cheese Burrito Bean & Cheese Pupusa *SIDES Fiesta Corn Apple Milk	CHOOSE ONE ENTRÉE Turkey Corn Dog Turkeywich *SIDES Mixed Vegetables Mixed Fruit Milk	CHOOSE ONE ENTRÉE Chicken & Waffle Sea-Shape Fish Nuggets *SIDES Sweet Potato Tots Fresh Grapes Milk	CHOOSE ONE ENTRÉE Pepperoni Pizza on a Whole-Grain Crust Lasagna with Garlic Bread *SIDES Steamed Broccoli Diced Pears Milk
<b>9-Sep</b>	<b>10-Sep</b>	<b>11-Sep</b>	<b>12-Sep</b>	<b>13-Sep</b>
CHOOSE ONE ENTRÉE Grilled Cheese Sandwich Hot Diggity Dog *SIDES Smile Potatoes Peaches Milk	CHOOSE ONE ENTRÉE Nachos w/Cheese Chicken Quesadilla *SIDES Refried Beans Banana Milk	CHOOSE ONE ENTRÉE Chicken Salad Croissant Mini Corn Dogs *SIDES Green Beans Mixed Fruit Milk	CHOOSE ONE ENTRÉE Chicken Strips Hamwich *SIDES Honey Carrots Orange Slices Milk	CHOOSE ONE ENTRÉE Cheese Pizza Cheese Ravioli with Garlic Bread *SIDES Garden Salad with Dressing Applesauce Milk
<b>16-Sep</b>	<b>17-Sep</b>	<b>18-Sep</b>	<b>19-Sep</b>	<b>20-Sep</b>
CHOOSE ONE ENTRÉE Hamburger Crispy Drumstick *SIDES Barbecue Beans Peaches Milk	CHOOSE ONE ENTRÉE Bean & Cheese Chalupa Cheese Enchilada with Green Chile Sauce *SIDES Fiesta Corn Apple Milk	CHOOSE ONE ENTRÉE Turkeywich Sea-Shape Fish Nuggets *SIDES Mixed Vegetables Mixed Fruit Milk	CHOOSE ONE ENTRÉE Brunch for Lunch Pancake & Bacon Grilled Cheese Sandwich *SIDES Sweet Potato Fries Fresh Grapes Milk	CHOOSE ONE ENTRÉE Pepperoni Pizza on a Whole-Grain Crust Pepperoni Calzone w/Marinara Cup *SIDES Steamed Broccoli Diced Pears Milk
<b>23-Sep</b>	<b>24-Sep</b>	<b>25-Sep</b>	<b>26-Sep</b>	<b>27-Sep</b>
CHOOSE ONE ENTRÉE Teriyaki Chicken with Rice Pork Egg Roll with Rice *SIDES Carrot Coins Peaches Milk	CHOOSE ONE ENTRÉE Walking Taco Bean & Cheese Nacho Bites *SIDES Refried Beans Banana Milk	CHOOSE ONE ENTRÉE Chicken Pot Pie Grilled Cheese Sandwich *SIDES Green Beans Mixed Fruit Milk	CHOOSE ONE ENTRÉE Hamburger Chicken Nuggets with Biscuit *SIDES Whipped Potatoes Orange Slices Milk	CHOOSE ONE ENTRÉE Cheese Pizza Soft Pretzels with Cheese *SIDES Garden Salad with Dressing Applesauce Milk

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Choice of Fat-Free White, or 1% White Milk, and Fat-Free Chocolate, available for lunch.

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## La Paloma Academy - Central Campus September After-School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2-Sep</b>	<b>3-Sep</b>	<b>4-Sep</b>	<b>5-Sep</b>	<b>6-Sep</b>
Labor Day No School	Scooby Doo Graham Sticks Cheddar Cheese Cubes	Quaker Snack Mix Apple-Banana Twist Fruitable	Heartzels Pretzels Cheddar Cheese Cubes	Chili Cheese Cheetos Apple Twist Fruitable
<b>9-Sep</b>	<b>10-Sep</b>	<b>11-Sep</b>	<b>12-Sep</b>	<b>13-Sep</b>
Cheddar Chex Mix Applesauce Cups	Bunny & Friends Crackers Colby Jack Cheese Stick	Rice Krispies Treat Apple Twist Fruitable	White Cheddar Popcorn Cheddar Cheese Cubes	Chocolate Chip Cookie Apple-Banana Twist Fruitable
<b>16-Sep</b>	<b>17-Sep</b>	<b>18-Sep</b>	<b>19-Sep</b>	<b>20-Sep</b>
Cheese Ritz Bits Applesauce Cups	Baked BBQ Chips Cheddar Cheese Cubes	Cinnamon Crisp Chips Apple-Banana Twist Fruitable	Heartzels Pretzels Maple Brown-Sugar	Chili Cheese Cheetos Apple Twist Fruitable
<b>23-Sep</b>	<b>24-Sep</b>	<b>25-Sep</b>	<b>26-Sep</b>	<b>27-Sep</b>
Baked Cheese Balls Applesauce Cups	Baked Cheddar Sour Cream Chips Cheddar Cheese Stick	Brownie Apple-Banana Twist Fruitable	White Cheddar Popcorn String Cheese Stick	Chocolate Chip Cookie Apple Twist Fruitable

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Choice of Fat-Free White, or 1% White Milk, and Fat-Free Chocolate, available for lunch.

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