



# La Paloma Academy October Breakfast Menu

## Central Campus

Monday	Tuesday	Wednesday	Thursday	Friday
30  Select 2 items: Cheerios Cereal Strawberry Yogurt Chex Mix Milk, White Breakfast and 100% Grape Juice	1  Select 2 items: Bagel with Cream Cheese Scooby Doo Graham Sticks Milk, White Breakfast and Applesauce Cups	2  Select 2 items: Chocolate Chip Benefit Bar Cinnamon Pop-Tart Milk, White Breakfast and an Apple-Banana Twist Fruitable	3  Select 2 items: Cinn. Toast Cereal Colby Jack Cheese Stick Milk, White Breakfast and an Apple Twist Fruitable	4  Select 2 items: Blueberry Muffin Go-Gurt Milk, White Breakfast and 100% Orange Juice
7  Fall Break No School	8  Fall Break No School	9  Fall Break No School	10  Fall Break No School	11  Fall Break No School
14  Select 2 items: Lucky Charms Cereal Lemon Chip Crisp Bar Milk, White Breakfast and 100% Grape Juice	15  Select 2 items: Cinnamon Raisin Bagel with Cream Cheese Bug Bites Graham Cracker Milk, White Breakfast and Applesauce Cups	16  Select 2 items: French Toast Benefit Bar Chocolate Pop-Tart Milk, White Breakfast and an Apple-Banana Twist Fruitable	17  Select 2 items: Lemon Chip Crisp Bar Maple Brown Sugar Granola Bar Milk, White Breakfast and an Apple Twist Fruitable	18  Select 2 items: Chocolate Chip  Whole-Grain Muffin Go-Gurt Milk, White Breakfast and 100% Orange Juice
21  Select 2 items: Mini Wheats Cereal Strawberry Yogurt Chex Mix Milk, White Breakfast and 100% Grape Juice	22  Select 2 items: Bagel with Cream Cheese French Toast Crackers Milk, White Breakfast and Applesauce Cups	23  Select 2 items: Chocolate Chip Benefit Bar Cinnamon Pop-Tart Milk, White Breakfast and an Apple-Banana Twist Fruitable	24  Select 2 items: Cinnamon Toast Cereal Bar Colby Jack Cheese Stick Milk, White Breakfast and an Apple Twist Fruitable	25  Select 2 items: Apple Cinnamon Muffin Go-Gurt Milk, White Breakfast and 100% Orange Juice
28  Select 2 items: Cinn. Toast Cereal Cherry Frudel Milk, White Breakfast and 100% Grape Juice	29  Select 2 items: Cinnamon Raisin Bagel w/Cream Cheese Elf Graham Cracker Milk, White Breakfast and Applesauce Cups	30  Select 2 items: French Toast Benefit Bar Strawberry Pop-Tart Milk, White Breakfast and an Apple-Banana Twist Fruitable	31  Select 2 items: Cheerios Cereal Maple Brown Sugar Granola Bar Milk, White Breakfast and an Apple Twist Fruitable	1  Select 2 items: Whole-Grain Banana Muffin Go-Gurt Milk, White Breakfast and Strawberry Craisins

Choice of FF, 1% White milk is available for Breakfast. Raisins or Cranraisins are also available.

Choice of FF, 1% White milk and FF Chocolate milk is available for Lunch

Menu is subject to change without notice.

Make payments to your child's lunch account at [www.myschoolbucks.com](http://www.myschoolbucks.com)  
Applications for FREE and REDUCED Lunches are available at the Front Desk.

*"This institution is an equal opportunity provider."*





# La Paloma Academy October Lunch Menu

## Central Campus

Monday	Tuesday	Wednesday	Thursday	Friday
30  CHOOSE ONE ENTREE BBQ Pulled Pork Sandwich Hot Diggity Dog *SIDES Smile Potatoes Peaches Milk	1  CHOOSE ONE ENTREE Chicken Fajitas with Tortilla Chicken Quesadilla *SIDES Refried Beans Banana Milk	2  CHOOSE ONE ENTREE Chicken Salad Croissant Turkey Corn Dog *SIDES Mixed Vegetables Mixed Fruit Milk	3  CHOOSE ONE ENTREE Brunch for Lunch Pancake & Sausage Stick Grilled Cheese Sandwich *SIDES Sweet Potato Tots Fresh Grapes Milk	4  <b>Half Day No Lunch</b>
7  <b>Fall Break No School</b>	8  <b>Fall Break No School</b>	9  <b>Fall Break No School</b>	10  <b>Fall Break No School</b>	11  <b>Fall Break No School</b>
14  CHOOSE ONE ENTREE Bacon Cheeseburger Chicken Drumstick with Roll *SIDES Barbecue Beans Peaches Milk	15  CHOOSE ONE ENTREE Chicken Pot Pie Grilled Cheese Sandwich *SIDES Green Beans Mixed Fruit Milk	16  CHOOSE ONE ENTREE Turkey Corn Dog Ham & Cheese Croissant *SIDES Mixed Vegetables Mixed Fruit Milk	17  CHOOSE ONE ENTREE Chicken Strips Grilled Cheese Sandwich *SIDES Sunshine Carrots Orange Slices Milk	18  CHOOSE ONE ENTREE Pepperoni Pizza on Whole-Grain Crust Pepperoni Calzone with Marinara Cup *SIDES Garden Salad with Dressing Applesauce Milk
21  CHOOSE ONE ENTREE Bacon Cheeseburger Chicken Drumstick with Roll *SIDES Barbecue Beans Peaches Milk	22  CHOOSE ONE ENTREE WG Bean & Cheese Burrito Bean & Cheese Pupusa *SIDES Fiesta Corn Apple Milk	23  CHOOSE ONE ENTREE Chicken & Waffle Turkeywich *SIDES Mixed Vegetables Mixed Fruit Milk	24  CHOOSE ONE ENTREE Sea Shape Fish Nuggets Turkey Corn Dog *SIDES Sweet Potato Tots Fresh Grapes Milk	25  CHOOSE ONE ENTREE Pepperoni Pizza on Whole-Grain Crust Lasagna w/Garlic Bread *SIDES Steamed Broccoli Diced Pears Milk
28  CHOOSE ONE ENTREE Hot Diggity Dog Grilled Cheese Sandwich *SIDES Smile Potatoes Peaches Milk	29  CHOOSE ONE ENTREE Nachos w/Cheese Chicken Quesadilla *SIDES Refried Beans Banana Milk	30  CHOOSE ONE ENTREE Chicken Salad Croissant Turkey Corn Dog *SIDES Green Beans Mixed Fruit Milk	31  CHOOSE ONE ENTREE Chicken Strips Hamwich *SIDES Honey Carrots Orange Slices Milk	1  CHOOSE ONE ENTREE Cheese Pizza Cheese Ravioli with Garlic Bread *SIDES Garden Salad with Dressing Applesauce Milk

Choice of FF, 1% White milk is available for Breakfast. Raisins or Cranraisins are also available.

Choice of FF, 1% White milk and FF Chocolate milk is available for Lunch

Menu is subject to change without notice.

Make payments to your child's lunch account at [www.myschoolbucks.com](http://www.myschoolbucks.com)  
Applications for FREE and REDUCED Lunches are available at the Front Desk.

***"This institution is an equal opportunity provider."***

