

# LA PALOMA ACADEMY

# October



All households should still apply for free & reduced meals in order to qualify for P-EBT benefits, and other school funding opportunities!

## Central Breakfast & Lunch Menu

Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 1
Froot Loops Cereal 100% Juice & Milk  Chicken Taco Bowl Refried Beans Diced Peaches	Bagel w/Cream Cheese Apple & Milk  Brunch for Lunch Sweet Potato Banana	Cinn Toast Cereal Bar Fruitocracy & Milk  Turkey Deli Sub Carrots & Celery Mixed Fruit	French Toast Graham Applesauce & Milk  Cheese Pizza Broccoli Grapes	Crunchmania 100% Juice & Milk  Hamburger Tator Tots Diced Pears
4	5	6	7	8
Apple Jacks Cereal 100% Juice & Milk  Chicken Fajitas Refried Beans Tortilla & Peaches	Muffin Banana & Milk  Chicken Nuggets Washed Potatoes Banana	Pop-Tart Fruitocracy & Milk  Grilled Cheese Green Beans Mixed Fruit	Scooby Doo Sticks Applesauce & Milk  Spaghetti & Meatballs Broccoli Grapes	Cheerio and Crackers 100% Juice & Milk  <b>Half Day No Lunch</b>
11	12	13	14	15
18	19	20	21	22
Froot Loops Cereal 100% Juice & Milk  Bean & Chs Burrito Diced Peaches	Bagel w/Cream Cheese Apple & Milk  Teriyaki Chicken & Rice Broccoli Banana	Strawberry cereal bar Fruitocracy & Milk  Corn Dog Sweet Potatoes Mixed Fruit	Nutri-Grain Bar Applesauce & Milk  Pizza Stick & Sauce Green Beans Grapes	Frosted Flakes Cereal 100% Juice & Milk  Bacon Cheese Burger French Fries Diced Pears
25	26	27	28	29
Apple Jacks Cereal 100% Juice & Milk  Beef Taco Bowl Refried Beans Diced Peaches	Muffin Banana & Milk  Porky Mac & Cheese Mixed Veggies Banana	Pop-Tart Fruitocracy & Milk  Ham & Cheese Sub Sweet Potatoes Mixed Fruit	Scooby Doo Sticks Applesauce & Milk  Cheese Pizza Broccoli Grapes	Cheerio Cereal Bar 100% Juice & Milk  Sloppy Joes Mashed Potatoes Diced Pears



1% Milk, Fat Free Flavored & Skim available for Breakfast and Lunch  
Craisin, Raisins or Dried Apple Crisp will be served with Breakfast.



WE ARE EXPERIENCING LAST MINUTE MENU CHANGES AS A RESULT OF THE NATIONWIDE FOOD SUPPLY CHAIN ISSUES. MENUS MAY NOT REFLECT THESE CHANGES AND ARE SUBJECT TO CHANGE AT ANY TIME.



WE THANK YOU FOR YOUR PATIENCE AS WE NAVIGATE THROUGH THESE CHALLENGES.

This Institution Is An Equal Opportunity Employer & Provider