

LA PALOMA ACADEMY CENTRAL CAMPUS

OCTOBER



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

MENU

Monday	Tuesday	Wednesday	Thursday	Friday
  				
Free Breakfast and Lunch for all students! 		1 <i>Baked Cinnamon Rolls</i> <i>Fruit Cocktail</i> <i>Hash Brown Patties</i> BBQ Rib Sandwich Garlic Green Beans Sweet Orange Slices	2 <i>Blueberry Oatmeal</i> <i>Fuzzy Peaches</i> <i>Scrambled Eggs</i>  Big Cheese Ravioli Grilled Cheese Sweet Potato Fries Golden Bananas	3 <i>Sausage / Egg Taquitos</i> <i>Sliced Strawberries</i> <i>Peach Yogurt</i> No Lunch Today EARLY RELEASE!
6	7	8	9	10
<h1>Happy Fall Break!</h1> 				
13 <i>Cinnamon UBR</i> <i>Fresh Grapes</i> <i>Hash Brown Patties</i> Chicken Tenders / Roll Breakfast for Lunch! Baked Potato Wedges Mixed Fruit	 14 <i>French Toast Sticks</i> <i>Gala Apple Slices</i> <i>Crispy Bacon</i> Teriyaki Chicken / Rice Chicken Quesadilla Broccoli Bites Sweet Orange Slices	 15 <i>Biscuits & Gravy</i> <i>Golden Bananas</i> <i>Sausage Patty</i> Backyard Grill Burger BBQ Baked Beans Fresh Grapes	 16 <i>Breakfast Pizza</i> <i>Fuzzy Kiwi</i> <i>Vanilla Yogurt</i> Big Cheese Ravioli BBQ Chicken Drum Baby Carrots / Ranch Green Apple Slices	 17 <i>Mini Donuts</i> <i>Applesauce</i> <i>Scrambled Eggs</i> Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley
 20 <i>Apple Frudel</i> <i>Mixed Fruit</i> <i>Potato Baby Cakes</i> Popcorn Chicken / Roll Nacho Supreme Curly Q Potatoes Sliced Strawberries	 21 <i>Sweet Emoji Waffles</i> <i>Diced Peaches</i> <i>Sausage Patties</i> Taco Salad Bowl Hot Diggity Dog BBQ Baked Beans Cinnamon Apple Slices	 22 <i>Breakfast Sandwich</i> <i>Sliced Strawberries</i> Regular or Spicy Chicken Filet Sandwich Baby Carrots / Ranch Fresh Grapes	 23 <i>Honeybun</i> <i>Purple Plums</i> <i>Cheese Cubes</i> Mandarin Chicken Deli Sub Sandwich Broccoli Bites Sweet Orange Slices	24 <i>Egg / Cheese Flatbread</i> <i>Golden Bananas</i> <i>Strawberry Yogurt</i> Chicken Alfredo Beef Taco Stick Mixed Salad Greens Watermelon Slices
 27 <i>Mini Caramel Cinni's</i> <i>Apple Slices</i> <i>String Cheese</i> Bosco Pepperoni Stick Mini Corn Dogs Crinkle Cut Fries Sliced Peaches	 28 <i>Sausage Bagels</i> <i>Fuzzy Kiwi</i> <i>Vanilla Yogurt</i> Baked Chicken Drum Sloppy Joes BBQ Baked Beans Mixed Berries	 29 <i>Homestyle Pancakes</i> <i>Diced Pears</i> <i>Sausage Links</i> Regular or Spicy Boneless Wings / Roll Baby Carrots / Ranch Gala Apple Slices	30 <i>Baked Cinnamon Rolls</i> <i>Fresh Grapes</i> <i>Hash Brown Patties</i> BBQ Rib Sandwich Macaroni & Cheese Steamed Broccoli Sweet Orange Slices	 31 <i>Super Pumpkin Bread</i> <i>Melon Medley</i> <i>Crispy Bacon</i> Cheese Or Pepperoni Pizza Mixed Salad Greens Mango Berry
<p>Meals are FREE for all students - no need to complete a meal application! USDA is an Equal Opportunity Provider, Employer and Lender</p>				

La Paloma Academy

October Snack Menu

Monday



Tuesday



Wednesday

Thursday

Friday



NO SCHOOL
Today

NO SCHOOL
Today

NO SCHOOL
Today

NO SCHOOL
Today

NO SCHOOL
Today

WG Graham
Crackers
&
String Cheese

Rainbow
Goldfish
Crackers
&
100 % Fruit Juice

Cheez – Its

Fresh Fruit
&
Lemonade Craisins

WG Cheddar
Sun Chips

100 % Fruit Juice

WG Rice
Krispie
Treat

Cheese Cubes

WG White
Cheddar
Popcorn

100 % Fruit Juice

WG Graham
Crackers
&
String Cheese

Cheex Mix

Apple Slices
&
Strawberry Craisins

WG Cinnamon
Crisp
Crackers

100 % Fruit Juice

WG Chocolate
Chip Oatmeal
Bar
&
String Cheese

Goldfish Pretzel
Crackers

100 % Fruit Juice

WG White
Nacho Cheese
Doritos

100 % Fruit Juice

Cheez – Its

Fresh Fruit
&
Watermelon Craisins

WG Cheddar
Sun chips

100 % Fruit Juice

WG Rice
Krispie
Treat

Cheese Cubes