

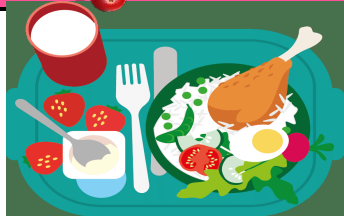
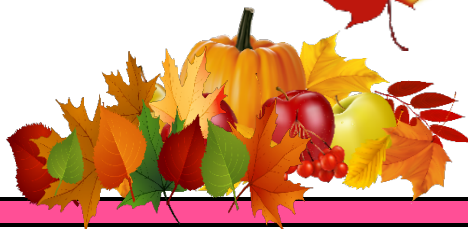
La Paloma Academy

Central Campus

November Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
Fruits Vegetables Grains Protein Dairy  				
3	4	5	6	7
 Blueberry Pancakes Peach Slices Sausage Links Chicken Nuggets /Roll Soft Pretzel w/Cheese Crinkle Cut Potatoes Mixed Berries	 Breakfast Pizza Applesauce Strawberry Go-Gurt Chicken Soft Taco Sloppy Joes Garlic Green Beans Sweet Orange Slices	 Strawberry Bagel Bar Fruit Cocktail Hash Brown Patties BBQ Chicken Sandwich Baby Carrots / Ranch Strawberry Fruit Cup	Double Chocolate Muffin Fuzzy Kiwi Scrambled Eggs Chicken Posole Deli Sub Sandwich Refried Beans Fresh Grapes	 Mini Donuts Sliced Strawberries Cheese Cubes Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley 
10	11	12	13	14
 Cinnamon UBR Fresh Grapes Potato Baby Cakes Walking Taco Baked Mozzarella Baked Potato Wedges Fruit Cocktail	 THANK YOU VETERANS FOR YOUR SERVICE	 French Toast Golden Bananas Sausage Patty Grilled Cheese Celery Sticks / Ranch Fresh Grapes	 Blueberry Waffles Applesauce Crispy Bacon Chicken Alfredo Boneless Wings Mixed Salad Greens Sweet Oranges Slices	Egg & Cheese Flatbread Sliced Peaches Peach Yogurt Porky Mac & Cheese Hot Diggity Dog BBQ Baked Beans Mixed Melons
17	18	19	20	21
 Apple Frudel Mixed Berries String Cheese Nacho Supreme Corn Dog On a Stick BBQ Baked Beans Applesauce	 Super Banana Bread Fuzzy Kiwi Hash Brown Patties Mandarin Chicken Bowl Chicken Filet Sandwich Steamed Broccoli Sweet Orange Slices	 Breakfast Sandwich Diced Pears Vanilla Yogurt Backyard Grill Burger Baby Carrots / Ranch Fresh Grapes	Confetti Pancakes Sliced Peaches Sausage Links Chicken Noodle Soup Baked Chicken Drum Mashed Potatoes Cinnamon Apple Slices	 Mini Donuts Sliced Strawberries Scrambled Eggs Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley
24	25	26	27	28
 Mini Caramel Cinnis Mixed Fruit Potato Baby Cakes Popcorn Chicken / Roll Celery Sticks / Ranch Pineapple Fruit Cup	 Breakfast Bites Golden Bananas Peach Yogurt Thanksgiving Feast!			
 Free Breakfast and Lunch for all students! 				
Meals are FREE for all students - no need to complete a meal application! USDA is an Equal Opportunity Provider, Employer and Lender				

LA PALOMA ACADEMY

NOVEMBER SNACK MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Rainbow Goldfish Crackers & Cheese Cubes **3**

WG Cinnamon Crisp Crackers
100 % Fruit Juice **4**

Chex Mix
Apple Slices & Orange Craisins **5**

WG White Cheddar Popcorn
100 % Fruit Juice **6**

WG Chocolate Chip Oatmeal Bar & 100 % Fruit Juice **7**

WG Bunny Friends Graham & String Cheese **10**

NO SCHOOL Today **11**

Cheez – Its
Fresh Fruit & Lemonade Craisins **12**

WG White Nacho Cheese Doritos
100 % Fruit Juice **13**

WG Rice Krispie Treat
Cheese Cubes **14**

Cheddar Goldfish Crackers & 100 % Fruit Juice **17**

WG Cheddar Sun Chips
100 % Fruit Juice **18**

Chex Mix
Apple Slices & Strawberry Craisins **19**

WG Vanilla Chat Snacks
Grahams & Cheese Cubes **20**

WG Chocolate Chip Oatmeal Bar & 100 % Fruit Juice **21**

Pretzel Goldfish Crackers & 100 % Fruit Juice **24**

WG Cinnamon Crisp Crackers
100 % Fruit Juice **25**

NO SCHOOL Today **26**

NO SCHOOL Today **27**

NO SCHOOL Today **28**