



La Paloma Academy Lakeside Campus October Breakfast Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| 10/2/2017 | 10/3/2017 | 10/4/2017 | 10/5/2017 | 10/6/2017 |
| Strawberry/Banana Yogurt Mini Graham and Lucky Charms with a Cheese stick 100% Grape Juice | Whole-Wheat Pan Dulce served with Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and Apple | Maple French Toast or Fruity Cheerio with a Cheese Stick and Applesauce | Pancake Wrapped with Sausage on a Stick or Bugs Bites Graham Cracker served with Cheese Stick and Fresh Grapes | Raspberry Churro or Trix with a Cheese Stick 100% Orange Juice |
| 10/9/2017 | 10/10/2017 | 10/11/2017 | 10/12/2017 | 10/13/2017 |
| <b style="font-size: 1.2em;">Fall Break - No School | | | | |
| 10/16/2017 | 10/17/2017 | 10/18/2017 | 10/19/2017 | 10/20/2017 |
| Strawberry/Banana Yogurt Mini Graham Cocoa Puffs with a Cheese stick 100% Grape Juice | Whole-Grain Bagel With Cream Cheese Whole-Grain Cinnamon Pop-Tart served with Cheddar Stick and Apple | Apple Churro or Apple Jacks with a Cheese Stick and Mixed Fruit Bowl | Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes | Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice |
| 10/23/2017 | 10/24/2017 | 10/25/2017 | 10/26/2017 | 10/27/2017 |
| Strawberry/Banana Yogurt Mini Graham and Lucky Charms with a Cheese stick 100% Grape Juice | Whole-Wheat Pan Dulce served with Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and Apple | Maple French Toast or Fruity Cheerio with a Cheese Stick and Applesauce | Pancake Wrapped with Sausage on a Stick or Bugs Bites Graham Cracker served with Cheese Stick and Fresh Grapes | Raspberry Churro or Trix with a Cheese Stick 100% Orange Juice |
| 10/30/2017 | 10/31/2017 | 11/1/2017 | 11/2/2017 | 11/3/2017 |
| Strawberry/Banana Yogurt Mini Graham Cocoa Puffs with a Cheese stick 100% Grape Juice | Mini Strawberry Bagel with Cheddar Cheese Stick or Whole-Grain Cinnamon Pop-Tart served with Cheddar Stick and Apple | Apple Churro or Trix with a Cheese Stick and Mixed Fruit Bowl | Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes | Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice |






Choice of Fat-Free or 1% White Milk available for breakfast.
 Make payments to your child's lunch account at www.myschoolbucks.com
 Applications for FREE and REDUCED Lunches are available at the Front Desk.
 Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.
 "This institution is an equal opportunity provider."
 Menus are subject to change without notice.



La Paloma Academy October Lunch Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| 10/2/2017 | 10/3/2017 | 10/4/2017 | 10/5/2017 | 10/6/2017 |
| Whole-Grain Chicken Pattie on Whole-Wheat Bun Smile Potatoes Chilled Diced Peaches Milk | Teriyaki Chicken with Rice Steamed Broccoli Florets Banana Milk | Whole-Grain Bean & Cheese Burrito Carrot Sticks Mixed Fruit Milk Salsa | Chicken Strips Ranch Beans Orange Slices Whole-Grain Biscuit Milk | No Lunch  |
| 10/9/2017 | 10/10/2017 | 10/11/2017 | 10/12/2017 | 10/13/2017 |
|  Fall Break - No School  | | | | |
| 10/16/2017 | 10/17/2017 | 10/18/2017 | 10/19/2017 | 10/20/2017 |
| BBQ Chicken Sandwich on Whole-Wheat Bun Sweet Potato Fries Chilled Diced Peaches Milk | Blueberry Mini Pancakes Sausage Patty Smile Potatoes Apple Milk | Whole-Grain Grilled Cheese Sandwich Green Beans Mixed Fruit Milk | Beef Taco Bowl Refried Beans Fresh Grapes Salsa Milk | Cheese Stick with Sauce Garden Salad with Italian Dressing Diced Pears Milk |
| 10/23/2017 | 10/24/2017 | 10/25/2017 | 10/26/2017 | 10/27/2017 |
| BBQ Pork Rib Sandwich Sweet Potato Fries Chilled Diced Peaches Milk | Cheese Quesadilla Refried Beans Banana Milk Salsa | Whole-Grain Turkey Corn Dog Baked Potato Rounds Mixed Fruit Milk | Orange Chicken with Rice Steamed Broccoli Florets Fresh Grapes Milk | Cheese Ravioli Green Beans Applesauce Wheat Breadstick Milk |
| 10/30/2017 | 10/31/2017 | 11/1/2017 | 11/2/2017 | 11/3/2017 |
| Sloppy Joes on Whole-Wheat Bun Whipped Potatoes Chilled Diced Peaches Milk | Grilled Chicken Breast Green Beans Apple Whole-Grain Biscuit Milk | Lil Smokies Ranch Beans Mixed Fruit Whole-Grain Tortilla Milk | Cheese Enchilada w/Green Chile Sauce Carrot Sticks Fresh Grapes Milk | Whole-Grain Spaghetti with Meatballs Garden Salad with Italian Dressing Diced Pears Wheat Breadstick Milk |



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La Paloma Academy Lakeside Campus October Snack Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---------------------------------------|---|---|
| 10/2/2017 | 10/3/2017 | 10/4/2017 | 10/5/2017 | 10/6/2017 |
| Cheez-It Crackers Applesauce Cups | Scooby Doo Graham Sticks Cheddar Cheese Stick | Rice Krispies Treat Apple | Strawberry Yogurt Chex Mix Carrotteenies | No School No Afterschool |
| 10/9/2017 | 10/10/2017 | 10/11/2017 | 10/12/2017 | 10/13/2017 |
| <b style="font-size: 1.2em;">Fall Break - No School | | | | |
| 10/16/2017 | 10/17/2017 | 10/18/2017 | 10/19/2017 | 10/20/2017 |
| Cheese Ritz Bits Applesauce Cups | Bugs Bites Graham Cracker Cheddar Cheese Stick | Chex Traditional Snack Mix Apple | Cheddar Chex Mix Celery Sticks | Chocolate Chip Oatmeal Bar Sting Cheese Stick |
| 10/23/2017 | 10/24/2017 | 10/25/2017 | 10/26/2017 | 10/27/2017 |
| Cheez-It Crackers Applesauce Cups | Animal Crackers Cheddar Cheese Stick | Double Chocolate Oatmeal Bar Apple | Chex Traditional Snack Mix Carrotteenies | Elf Chocolate Graham Crackers Sting Cheese Stick |
| 10/30/2017 | 10/31/2017 | 11/1/2017 | 11/2/2017 | 11/3/2017 |
| Cheese Ritz Bits Applesauce Cups | Mini Cinnamon Graham Cracker Cheddar Cheese Stick | Quaker Snack Mix Apple | Heartzels Pretzels Celery Sticks | Chocolate Chip Oatmeal Bar Sting Cheese Stick |



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