



La Paloma Academy December Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
12/4/2017	12/5/2017	12/6/2017	12/7/2017	12/8/2017
Yogurt & Crackers and Cocoa Puffs with a Cheese Stick 100% Grape Juice	Whole-Grain Bagel w/Cream Cheese or Whole-Grain Cinnamon Pop-Tart Served with a Cheese Stick and an Apple	Whole-Grain Strawberry Pancakes or Apple Jacks with a Cheese Stick and Mixed Fruit Bowl	Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with a Cheddar Stick and Fresh Grapes	Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice
12/11/2017	12/12/2017	12/13/2017	12/14/2017	12/15/2017
Yogurt & Crackers and Lucky Charms with a Cheese Stick 100% Grape Juice	Whole-Wheat Pan Dulce served with a Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and Apple	Maple French Toast or Fruity Cheerios with a Cheese Stick and Applesauce	Pancake Wrapped with Sausage on a Stick or Bug Bites Graham Cracker served with a Cheese Stick and Fresh Grapes	Blueberry Mini Pancakes or Trix with a Cheese Stick 100% Orange Juice
12/18/2017	12/19/2017	12/20/2017	12/21/2017	12/22/2017
Yogurt & Crackers and Fruity Cheerios with a Cheese Stick Fresh Grapes	Bagel with Cream Cheese or Whole-Grain Strawberry Pop-Tart served w/ Cheese Stick and Apple	Blueberry Mini Pancakes or Frosted Flakes with a Cheese Stick and Applesauce	Pancake Wrapped with Sausage on a Stick or Whole-Grain Banana Muffin served with a Cheese Stick and 100% Grape Juice	Mini Maple Waffles or Little Wheat Bite Cereal with a Cheese Stick 100% Orange Juice



Choice of Fat-Free or 1% White Milk available for breakfast.
Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.
"This institution is an equal opportunity provider."
Menus are subject to change without notice.
Make payments to your child's lunch account at www.MySchoolBucks.com
Applications for FREE and REDUCED lunches are available at the front desk.





La Paloma Academy December Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
12/4/2017	12/5/2017	12/6/2017	12/7/2017	12/8/2017
Hamburger Sweet Potato Fries Chilled Diced Peaches Milk	Whole-Grain Chicken Nuggets Whipped Potatoes Banana Whole-Grain Biscuit Milk	Turkey Taco Bowl Refried Beans Mixed Fruit Milk Salsa	Orange Chicken with Rice Steamed Broccoli Florets Mandarin Oranges Milk	Pepperoni Pizza on a Whole-Grain Crust Green Beans Applesauce Milk
12/11/2017	12/12/2017	12/13/2017	12/14/2017	12/15/2017
Stuffed Meatloaf Whipped Potatoes Chilled Diced Peaches Milk	Whole-Grain Turkey Corn Dog Green Beans Apple Milk	Lit'l Smokies Ranchero Beans Mixed Fruit Whole-Grain Tortilla Milk	Chicken Fajitas with Rice Whole-Grain Tortilla Carrot Sticks Fresh Grapes Milk	Whole-Grain Spaghetti w/Meat Sauce Garden Salad with Italian Dressing Diced Pears Wheat Breadstick Milk
12/18/2017	12/19/2017	12/20/2017	12/21/2017	12/22/2017
Cheeseburger Smile Potatoes Chilled Diced Peaches Milk	Turkey-Cheese Deli Sub Steamed Broccoli Diced Pears Milk	Chicken Tacos Refried Beans Mixed Fruit Salsa Milk	Turkey Whipped Potatoes with Gravy Cranberries Whole-Grain Dinner Roll Milk	Half Day No Lunch No After School



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