



La Paloma Academy - Lakeside Campus

September Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2-Sep	3-Sep	4-Sep	5-Sep	6-Sep
Labor Day No School	Bagel w/Cream Cheese or Cinnamon Pop-Tart w/Cheese and an Apple	Maple French Toast or Glazed Mini Donuts with a Cheese Stick and a Mixed Fruit Bowl	Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
9-Sep	10-Sep	11-Sep	12-Sep	13-Sep
Egg & Cheese Omelet or Cinnamon Toast Cereal 100% Grape Juice	Pancake Sausage Sandwich or French Toast Benefit Bar and an Apple	Mini Blueberry Waffles or Scooby Doo Graham Sticks served with a Cheese Stick and Applesauce	Egg & Cheese Wrap or Bug Bites Graham Cracker served with a Cheese Stick and Fresh Grapes	Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
Egg, Cheese & Chorizo Burrito or Little Wheat Bite Cereal with a Cheese Stick 100% Grape Juice	Cinnamon Raisin Bagel w/Cream Cheese or Chocolate Pop-Tart w/Cheese and an Apple	Maple French Toast or Glazed Mini Donuts with a Cheese Stick and a Mixed Fruit Bowl	Pancake Wrapped w/Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
Egg & Cheese Omelet or Cheerios with a Cheese Stick 100% Grape Juice	Pancake Sausage Sandwich or Choc Chip Benefit Bar and an Apple	Mini Blueberry Waffles or Bug Bites Graham Cracker and Applesauce	Egg & Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	Breakfast Pizza or Yogurt & Crackers 100% Orange Juice

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Choice of Fat-Free White, or 1% White Milk, and Fat-Free Chocolate, available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Make payments to your child's lunch account at www.MySchoolBucks.com

Applications for FREE and REDUCED lunches are available at the front desk.





La Paloma Academy - Lakeside Campus

September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2-Sep	3-Sep	4-Sep	5-Sep	6-Sep
Labor Day No School	CHOOSE ONE ENTRÉE Chicken & Cheese Burrito Bean & Cheese Pupusa *SIDES Fiesta Corn Apple Milk	CHOOSE ONE ENTRÉE Turkey Corn Dog Turkeywich *SIDES Mixed Vegetables Mixed Fruit Milk	CHOOSE ONE ENTRÉE Chicken & Waffle Sea-Shape Fish Nuggets *SIDES Sweet Potato Tots Fresh Grapes Milk	CHOOSE ONE ENTRÉE Pepperoni Pizza on a Whole-Grain Crust Lasagna with Garlic Bread *SIDES Steamed Broccoli Diced Pears Milk
9-Sep	10-Sep	11-Sep	12-Sep	13-Sep
CHOOSE ONE ENTRÉE Grilled Cheese Sandwich Hot Diggity Dog *SIDES Smile Potatoes Peaches Milk	CHOOSE ONE ENTRÉE Nachos w/Cheese Chicken Quesadilla *SIDES Refried Beans Banana Milk	CHOOSE ONE ENTRÉE Chicken Salad Croissant Mini Corn Dogs *SIDES Green Beans Mixed Fruit Milk	CHOOSE ONE ENTRÉE Chicken Strips Hamwich *SIDES Honey Carrots Orange Slices Milk	CHOOSE ONE ENTRÉE Cheese Pizza Cheese Ravioli with Garlic Bread *SIDES Garden Salad with Dressing Applesauce Milk
16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
CHOOSE ONE ENTRÉE Hamburger Crispy Drumstick *SIDES Barbecue Beans Peaches Milk	Chocolate Pop-Tart w/Cheese Bean & Cheese Chalupa Cheese Enchilada with Green Chile Sauce *SIDES Fiesta Corn Apple Milk	CHOOSE ONE ENTRÉE Turkeywich Sea-Shape Fish Nuggets *SIDES Mixed Vegetables Mixed Fruit Milk	CHOOSE ONE ENTRÉE Brunch for Lunch Pancake & Bacon Grilled Cheese Sandwich *SIDES Sweet Potato Fries Fresh Grapes Milk	CHOOSE ONE ENTRÉE Pepperoni Pizza on a Whole-Grain Crust Pepperoni Calzone w/Marinara Cup *SIDES Steamed Broccoli Diced Pears Milk
23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
CHOOSE ONE ENTRÉE Teriyaki Chicken with Rice Pork Egg Roll with Rice *SIDES Carrot Coins Peaches Milk	CHOOSE ONE ENTRÉE Walking Taco Bean & Cheese Nacho Bites *SIDES Refried Beans Banana Milk	CHOOSE ONE ENTRÉE Chicken Pot Pie Grilled Cheese Sandwich *SIDES Green Beans Mixed Fruit Milk	CHOOSE ONE ENTRÉE Hamburger Chicken Nuggets with Biscuit *SIDES Whipped Potatoes Orange Slices Milk	CHOOSE ONE ENTRÉE Cheese Pizza Soft Pretzels with Cheese *SIDES Garden Salad with Dressing Applesauce Milk

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

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La Paloma Academy - Lakeside Campus September After-School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2-Sep	3-Sep	4-Sep	5-Sep	6-Sep
Labor Day No School	Scooby Doo Graham Sticks Cheddar Cheese Cubes	Quaker Snack Mix Apple-Banana Twist Fruitable	Heartzels Pretzels Cheddar Cheese Cubes	Chili Cheese Cheetos Apple Twist Fruitable
9-Sep	10-Sep	11-Sep	12-Sep	13-Sep
Cheddar Chex Mix Applesauce Cups	Bunny & Friends Crackers Colby Jack Cheese Stick	Rice Krispies Treat Apple Twist Fruitable	White Cheddar Popcorn Cheddar Cheese Cubes	Chocolate Chip Cookie Apple-Banana Twist Fruitable
16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
Cheese Ritz Bits Applesauce Cups	Baked BBQ Chips Cheddar Cheese Cubes	Cinnamon Crisp Chips Apple-Banana Twist Fruitable	Heartzels Pretzels Cheddar Cheese Cubes	Chili Cheese Cheetos Apple Twist Fruitable
23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
Baked Cheese Balls Applesauce Cups	Baked Cheddar Sour Cream Chips Cheddar Cheese Stick	Brownie Apple-Banana Twist Fruitable	White Cheddar Popcorn String Cheese Stick	Chocolate Chip Cookie Apple Twist Fruitable

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Choice of Fat-Free White, or 1% White Milk, and Fat-Free Chocolate, available for lunch.

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