



La Paloma Academy October Breakfast Menu

Lakeside Campus

Monday	Tuesday	Wednesday	Thursday	Friday
30 Egg, Cheese & Chorizo Burrito or Apple Jacks with a Cheese Stick 100% Grape Juice	1 Bagel with Cream Cheese or Cinnamon Pop-Tart with Cheese and an Apple	2 Maple French Toast or Glazed Mini Donuts with a Cheese Stick and Mixed Fruit Bowl	3 Pancake Wrapped w/Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	4 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
7 Fall Break No School	8 Fall Break No School	9 Fall Break No School	10 Fall Break No School	11 Fall Break No School
14 Egg & Cheese Omelet or Cinnamon Toast Cereal 100% Grape Juice	15 Pancake Sausage Sandwich or French Toast Benefit Bar and an Apple	16 Mini Blueberry Waffles or Scooby Doo Graham Sticks served with Cheese Stick and Applesauce	17 Egg & Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	18 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
21 Egg, Cheese & Chorizo Burrito or Little Wheat Bite Cereal with a Cheese Stick 100% Grape Juice	22 Cinnamon Raisin Bagel with Cream Cheese or Chocolate Pop-Tart with Cheese and an Apple	23 Maple French Toast or Glazed Mini Donuts with a Cheese Stick and Mixed Fruit Bowl	24 Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	25 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
28 Egg & Cheese Omelet or Cheerios with a Cheese Stick 100% Grape Juice	29 Pancake Sausage Sandwich or Choc Chip Benefit Bar and an Apple	30 Mini Blueberry Waffles or Bug Bites Graham Cracker and Applesauce	31 Egg & Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	1 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice

Choice of FF, 1% White milk is available for Breakfast. Raisins or Cranraisins are also available.

Choice of FF, 1% White milk and FF Chocolate milk is available for Lunch

Menu is subject to change without notice.

Make payments to your child's lunch account at www.myschoolbucks.com

Applications for FREE and REDUCED Lunches are available at the Front Desk.

"This institution is an equal opportunity provider."



