



# La Paloma Academy November Breakfast Menu Lakeside Campus

Monday	Tuesday	Wednesday	Thursday	Friday
2 Egg and Cheese Omelet or Cheerios with a Cheese Stick Grape Juice	3 Pancake Sausage Sandwich or Chocolate Chip Benefit Bar and Red Delicious Apple	4 Mini Blueberry Waffles or Bug Bites Cracker and Applesauce	5 Egg and Cheese Wrap or Scooby Doo Cracker served with Cheese Stick and Fresh Grapes	6 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
9 Egg, Cheese, and Chorizo Burrito or Apple Jacks with a Cheese Stick Grape Juice	10 Bagel with Cream Cheese or Cinnamon Pop-Tart with Cheese and Red Delicious Apple	11 <b><i>Veterans Day No School</i></b>	12 Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	13 Breakfast Pizza or Yogurt and Crackers 100% Orange Juice
16 Egg and Cheese Omelet or Cinnamon Toast Cereal Grape Juice	17 Pancake Sausage Sandwich or French Toast Benefit Bar and Red Delicious Apple	18 Mini Blueberry Waffles or Scooby Doo Graham Sticks served with Cheese Stick and Applesauce	19 Egg and Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	20 Breakfast Pizza or Yogurt and Crackers 100% Orange Juice
23 Egg, Cheese, and Chorizo Burrito or Little Wheat Bite Cereal with a Cheese Stick Grape Juice	24 Cinnamon Raisin Bagel with Cream Cheese or Strawberry Pop-Tart with Cheese and Red Delicious Apple	25 <b><i>Thanksgiving Break No School</i></b>	26 <b><i>Thanksgiving Break No School</i></b>	27 <b><i>Thanksgiving Break No School</i></b>

Choice of fat-free, 1% white milk is available for breakfast. Raisins or Cranraisins are also available.

Choice of fat-free, 1% white milk and fat-free chocolate milk is available for lunch.

Menu is subject to change without notice.

***“This institution is an equal opportunity provider.”***



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Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>CHOOSE ONE ENTREE</b> Teriyaki Chicken with Rice Pork Egg Roll with Rice <b>*SIDES</b> Carrot Coins &amp; Peaches Milk</p>	<p>3</p> <p><b>CHOOSE ONE ENTREE</b> Walking Taco Bean and Cheese Nacho Bites <b>*SIDES</b> Refried Beans Fresh Banana Milk</p>	<p>4</p> <p><b>CHOOSE ONE ENTREE</b> Chicken Pot Pie Grilled Cheese Sandwich <b>*SIDES</b> Green Beans Mixed Fruit Milk</p>	<p>5</p> <p><b>CHOOSE ONE ENTREE</b> Hamburger Chicken Nuggets with Biscuit <b>*SIDES</b> Whipped Potatoes Orange Slices Milk</p>	<p>6</p> <p><b>CHOOSE ONE ENTREE</b> Cheese Pizza Soft Pretzels with Cheese <b>*SIDES</b> Garden Salad with Dressing Applesauce Milk</p>
<p>9</p> <p><b>CHOOSE ONE ENTREE</b> Bacon Cheeseburger BBQ Chicken Drumstick with Roll <b>*SIDES</b> Barbecue Beans Peaches Milk</p>	<p>10</p> <p><b>CHOOSE ONE ENTREE</b> Chicken and Cheese Burrito Bean and Cheese Pupusa <b>*SIDES</b> Fiesta Corn Red Delicious Apple Milk</p>	<p>11</p> <p style="text-align: center;"><i><b>Veterans Day No School</b></i></p>	<p>12</p> <p><b>CHOOSE ONE ENTREE</b> <u>Brunch for Lunch</u> Pancake &amp; Sausage Stick Grilled Cheese Sandwich <b>*SIDES</b> Sweet Potato Tots Fresh Grapes Milk</p>	<p>13</p> <p><b>CHOOSE ONE ENTREE</b> Cheese Pizza Cheese Stick with Marinara Cup <b>*SIDES</b> Steamed Broccoli Diced Pears Milk</p>
<p>16</p> <p><b>CHOOSE ONE ENTREE</b> Lit'l Smokies Ball Park Frank <b>*SIDES</b> Waffle Fries Peaches Milk</p>	<p>17</p> <p><b>CHOOSE ONE ENTREE</b> Chicken Fajitas with Tortilla Chicken Quesadilla <b>*SIDES</b> Refried Beans Fresh Banana Milk</p>	<p>18</p> <p><b>CHOOSE ONE ENTREE</b> Chicken Salad Croissant Turkey Corn Dog <b>*SIDES</b> Mixed Vegetables Mixed Fruit Milk</p>	<p>19</p> <p><b>CHOOSE ONE ENTREE</b> Chicken Strips Grilled Cheese Sandwich <b>*SIDES</b> Sunshine Carrots Orange Slices Milk</p>	<p>20</p> <p><b>CHOOSE ONE ENTREE</b> Pepperoni Pizza on Whole-Grain Crust Pepperoni Calzone with Marinara Cup <b>*SIDES</b> Garden Salad with Dressing Applesauce Milk</p>
<p>23</p> <p><b>CHOOSE ONE ENTREE</b> Bacon Cheeseburger Chicken Drumstick with Roll <b>*SIDES</b> Barbecue Beans Peaches Milk</p>	<p>24</p> <p><b>CHOOSE ONE ENTREE</b> Chicken and Cheese Burrito Bean &amp; Cheese Pupusa <b>*SIDES</b> Fiesta Corn Red Delicious Apple Milk</p>	<p>25</p> <p style="text-align: center;"><i><b>Thanksgiving Break No School</b></i></p>	<p>26</p> <p style="text-align: center;"><i><b>Thanksgiving Break No School</b></i></p>	<p>27</p> <p style="text-align: center;"><i><b>Thanksgiving Break No School</b></i></p>

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