



La Paloma Academy October Breakfast Menu Lakeside Campus

Monday	Tuesday	Wednesday	Thursday	Friday
5 Grab-n-Go Meal Apple Nutri-Grain Fresh Grapes/ Juice Milk	6 Grab-n-Go Meal Bagel Craisins / Juice Milk	7 Grab-n-Go Meal Strawberry Pop-Tart Orange Slices / Juice Milk	8 Grab-n-Go Meal Trix with a Cheese Stick Craisins / Juice Milk	9 Grab-n-Go Meal Whole-Grain Chocolate Chip Muffin Fresh Banana / Juice Milk
12 Fall Break	13 Fall Break	14 Fall Break	15 Fall Break	16 Fall Break
19 Egg, Cheese, and Chorizo Burrito or Apple Jacks with a Cheese Stick Fresh Grapes / Juice	20 Bagel with Cream Cheese or Cinnamon Pop-Tart with Cheese and Red Delicious Apple	21 Maple French Toast or Glazed Mini Donuts with a Cheese Stick and Mixed Fruit Bowl	22 Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	23 Breakfast Pizza or Yogurt and Crackers 100% Orange Juice
26 Egg and Cheese Omelet or Cinnamon Toast Cereal Fresh Grapes / Juice	27 Pancake Sausage Sandwich or French Toast Benefit Bar and Red Delicious Apple	28 Mini Blueberry Waffles or Scooby Doo Graham Sticks served with Cheese Stick and Applesauce	29 Egg and Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	30 Breakfast Pizza or Yogurt and Crackers 100% Orange Juice

Choice of fat-free or 1% white milk is available for breakfast. Raisins or Cranraisins are also available.

Choice of fat-free or 1% white milk and fat-free chocolate milk is available for lunch.



Menu is subject to change without notice.



Applications for FREE and REDUCED Lunches are available at the Front Desk.

**All Students eligible for free meals beginning
September 14th - December 31st, 2020!**

"This institution is an equal opportunity provider."



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Monday	Tuesday	Wednesday	Thursday	Friday
5 Grab-n-Go Meal Taco Stick Refried Beans Red Delicious Apple Milk	6 Grab-n-Go Meal Chicken Strips Fiesta Corn Fresh Banana Milk	7 Grab-n-Go Meal Corn Dog Carrot Sticks/Ranch Mixed Fruit Cups Milk	8 Grab-n-Go Meal Deli Sub Sandwich Celery Sticks Applesauce Cups Milk	9 Grab-n-Go Meal Pizza Broccoli Applesauce Cups Milk
12 Fall Break	13 Fall Break	14 Fall Break	15 Fall Break	16 Fall Break
19 CHOOSE ONE ENTREE Bacon Cheeseburger Chicken Drumstick w/Roll *SIDES Barbecue Beans Peaches Milk	20 CHOOSE ONE ENTREE Bean and Cheese Whole-Grain Burrito Chicken Fajitas with Torilla *SIDES Fiesta Corn Red Delicious Apple Milk	21 CHOOSE ONE ENTREE Turkey Corn Dog Deli Sub Sandwich *SIDES Mixed Vegetables Mixed Fruit Milk	22 CHOOSE ONE ENTREE Chicken & Waffle Sea Shape Fish Nuggets with Biscuit *SIDES Sweet Potato Tots Fresh Grapes Milk	23 CHOOSE ONE ENTREE Pepperoni Pizza on Whole-Grain Crust Lasagna with Garlic Bread *SIDES Steamed Broccoli Diced Pears Milk
26 CHOOSE ONE ENTREE Sloppy Joes Ball Park Frank *SIDES Smile Potatoes Peaches Milk	27 CHOOSE ONE ENTREE Nachos with Cheese Chicken Quesadilla *SIDES Refried Beans Fresh Banana Milk	28 CHOOSE ONE ENTREE Chicken Salad Croissant Mini Corn Dogs *SIDES Green Beans Mixed Fruit Milk	29 CHOOSE ONE ENTREE Chicken Strips Deli Sub Sandwich *SIDES Honey Carrots Orange Slices Milk	30 CHOOSE ONE ENTREE Cheese Pizza Cheese Ravioli w/Garlic Bread *SIDES Garden Salad with Dressing Applesauce Milk

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