

LA PALOMA ACADEMY

October

Lakeside & South



All households should still apply for free & reduced meals in order to qualify for P-EBT benefits, and other school funding opportunities!

Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	1
Egg & Chs. Omelet OR Variety of Cereal and 100% Juice Chicken Taco Bowl Refried Beans Diced Peaches	Pancake Sausage Sand. OR Benefit Bar and Fresh Apple Brunch for Lunch Sweet Potato Wedges Banana	Blueberry Waffle Graham Cracker & Cheese and Applesauce Turkey Deli Sub Carrots & Celery Mixed Fruit	Egg & Cheese Wrap OR Variety of Cereal and Grapes  Cheese Pizza Broccoli Grapes	Breakfast Pizza OR Yogurt & Crackers and 100% Juice  Hamburger Tator Tots Diced Pears
4	5	6	7	8
Egg & Chs. Burrito OR Variety of Cereal and 100% Juice Chicken Fajitas Refried Beans Tortilla & Peaches	Bagel with Cream Chs OR Pop-Tart and Fresh Apple  Chicken Nuggets Mashed Potatoes Banana	Crunchmania OR Mini Donuts & Cheese and Applesauce  Grilled Cheese Green Beans Mixed Fruit	Pancake & Sausage OR Muffin & Cheese Stick and Grapes Spaghetti & Meatballs Broccoli Grapes	Breakfast Pizza OR Yogurt & Crackers and 100% Juice 
11	12	13	14	15
				
18	19	20	21	22
Egg & Chs. Omelet OR Variety of Cereal and 100% Juice  Bean & Chs Burrito Diced Peaches	Pancake Sausage Sand. OR Benefit Bar and Fresh Apple Teriyaki Chicken & Rice  Broccoli Banana	Blueberry Waffle Graham Cracker & Cheese and Applesauce Corn Dog Sweet Potatoes Mixed Fruit	Egg & Cheese Wrap OR Crunchmania with Cheese and Grapes Pizza Stick & Sauce Green Beans Grapes	Breakfast Pizza OR Yogurt & Crackers and 100% Juice Bacon Cheese Burger French Fries Diced Pears
25	26	27	28	29
Egg & Chs. Burrito OR Variety of Cereal and 100% Juice  Beef Taco Bowl Refried Beans Diced Peaches	Bagel with Cream Chs OR Pop-Tart and Fresh Apple Porky Mac & Cheese Mixed Veggies Banana	Crunchmania OR Mini Donuts & Cheese and Applesauce Ham & Cheese Sub Sweet Potatoes Mixed Fruit	Pancake & Sausage OR Muffin & Cheese Stick and Grapes  Cheese Pizza Broccoli Grapes	Breakfast Pizza OR Yogurt & Crackers and 100% Juice Sloppy Joes Mashed Potatoes Diced Pears

1% Milk, Fat Free Flavored & Skim available for Breakfast and Lunch
Craisin, Raisins or Dried Apple Crisp will be served with Breakfast.



WE ARE EXPERIENCING LAST MINUTE MENU CHANGES AS A RESULT OF THE NATIONWIDE FOOD SUPPLY CHAIN ISSUES. MENUS MAY NOT REFLECT THESE CHANGES AND ARE SUBJECT TO CHANGE AT ANY TIME.



WE THANK YOU FOR YOUR PATIENCE AS WE NAVIGATE THROUGH THESE CHALLENGES.

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