La Paloma Academy Lakeside Campus September Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

| Fruits Grains Vegetables Protein | | | and | W | | |
|--|---|---|--|--|--|--|
| | Fruits Grains Free Breakfast and | | | | | |
| 1 | 2 | 3 | 4 | 5 | | |
| HAPPY CANAL TO A PART OF THE P | Cinnamon Rolls Red Apple Slices Hash Brown Patties Chicken Tenders / Roll Breakfast 4 Lunch! Tater Smiles Mixed Fruit | Biscuits / Gravy Sliced Pears Sausage Links Backyard Grill Burger Baby Carrots / Ranch Fresh Grapes | Blueberry Oatmeal Golden Bananas Scrambled Eggs Rotini & Meat Sauce Grilled Cheese Broccoli Bites Sweet Orange Slices | Breakfast Sandwich Cinnamon Vanilla Yogurt Chicken Posole Deli Sub Sandwich Refried Beans Sliced Watermelons | | |
| 8 | 9 | 10 | 11 | 12 | | |
| Breakfast Bites Mixed Fruit Crispy Bacon | Breakfast Burrito Sliced Pears Strawberry Yogurt | Apple Frudel Fuzzv Peaches Sausage Links | Sausage Bagels Fresh Grapes Potato Baby Cakes | Mini Donuts Sliced Strawberries Scrambled Eggs | | |
| Walkina Taco Mesquite Chicken/Roll | Beef Teriyaki Bowl Cheesy Calzone | Regular or Spicy Boneless Wings / Roll | Beef Taco Crisp Up's Hot Diggity Dog | Cheese Or Pepperoni Pizza | | |
| Mexicali Corn | Steamed Broccoli | Baby Carrots / Ranch | BBQ Baked Beans | Mixed Salad Greens | | |
| Sweet Orange Slices 15 | Fresh Grapes 16 | Berry Kiwi Sidekick 17 | Cinnamon Apple Slices 18 | Melon Medley 19 | | |
| Super Pumpkin Bread Fresh Fruit Variety Cheese Cubes Beefy Nacho Supreme Baked Mozzarella Curly Q Potatoes Sliced Peaches | Homestyle Waffles Golden Apple Slices Sausage Links Mandarin Chicken Bowl French Bread Pizza Broccoli Bites Sweet Orange Slices | Apple Cinnamon Oatmeal Golden Bananas Hash Brown Patties Deli Sub Sandwich Baby Carrots / Ranch Fresh Grapes | Strawberry Bagel Bar Purple Plums Crispy Bacon Sloppy Joe Porky Mac & Cheese BBQ Baked Beans Sliced Watermelons | Egg / Cheese Flatbread Nectarines Strawberry Go-Gurt Crispy Fish Tacos Beef Taco Stick Zesty Green Beans Sweet & Sour Apples | | |
| 22 | 23 | 24 | 25 | 26 | | |
| Mini Caramel Cinnis Red Apple Slices Sausage Links Baked Chicken Drum Bosco Pepperoni Stick Roasted Corn Fruit Cocktail | French Toast Sticks Diced Pears Potato Baby Cakes Beef Quesadilla Crispy Clucker Refried Beans Mixed Berries | Double Chocolate Muffin Fuzzy Peaches Crispy Bacon Chicken Poppers / Roll Babv Carrots / Ranch Sour Cherry Sidekick | Chicken Waffle Sandwich Sliced Strawberries Peach Yogurt Chicken Alfredo Italian Meatball Sub Steamed Broccoli Sweet Orange Slices | | | |
| 29 | 30 | | | | | |
| Blueberry Pancakes Mixed Fruit Cheese Cubes Mozzarella Dunkers Mini Corn Dogs Baked Potato Wedges Cinnamon Apple Slices | Breakfast Sandwich Golden Bananas Vanilla Yogurt Chicken Eggroll / Rice Crispy Cheese Taquitos Broccoli Bites Fresh Grapes | Lakesid | ninder - La Palom e will be providin st in the cafeteria | g <u>HOT</u> | | |





La Paloma Academy



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|--|--------------------------|------------------------------|--------------------------|---------------------------------|---------------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| | NO SCHOOL | WG Cinnamon Roll Crackers | Chex Mix 3 | WG White Nacho Cheese | WG Chocolate Chip Oatmeal |
| | TODAY | | Apple Slices & | Doritos | Bar & |
| | | 100 % Fruit Juice | Orange Craisins | 100 % Fruit Juice | String Cheese |
| | WG Graham 8 | WG Scooby – 9 | Cheez – Its 10 | WG Maple | WG Rice 12 |
| | Crackers | Doo Crackers | | Waffle Crackers | Krispie |
| | & String Cheese | | Fresh Fruit & | | Treat |
| | | 100 % Fruit Juice | Lemonade Craisins | 100 % Fruit Juice | Cheese Cubes |
| | Rainbow 15 | WG White 16 | Chex Mix 17 | WG Cheddar 18 | WG Double 19 |
| | Goldfish | Cheddar | | Sun chips | Chocolate Oatmeal |
| | Crackers | Popcorn | Apple Slices | | Bar |
| | & String cheese | 100 % Fruit Juice | & Strawberry Craisins | 100 % Fruit Juice | String Cheese |
| | | | | | |
| | WG Graham 22 Crackers | WG Cinnamon Roll Crackers | Cheez – Its 24 | Goldfish Pretzel 25 Crackers | WG Rice 26 Krispie |
| | & | Non Grackers | Fresh Fruit | Grackers | Treat |
| | String Cheese | | & | | |
| | , , , | 100 % Fruit Juice | Watermelon Craisins | 100 % Fruit Juice | Cheese Cubes |
| | WG White 29 | WG White 30 | <u> </u> | | 2+2 |
| | Nacho Cheese | Cheddar | | + | |
| | Doritos | Popcorn | | X | ÷ |
| | 100 % Fruit Juice | Cheese Cubes | | ame | |

