

# LA PALOMA ACADEMY LAKESIDE CAMPUS



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

## OCTOBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Free Breakfast and Lunch for all students!</b>		<b>1</b> Baked Cinnamon Rolls Fruit Cocktail Hash Brown Patties  BBQ Rib Sandwich Garlic Green Beans Sweet Orange Slices	<b>2</b> Blueberry Oatmeal Fuzzy Peaches Scrambled Eggs  Big Cheese Ravioli Grilled Cheese Sweet Potato Fries Golden Bananas	<b>3</b> Sausage / Egg Taquitos Sliced Strawberries Peach Yogurt  <b>No Lunch Today EARLY RELEASE!</b>
6	7	8	9	10
<h1>Happy Fall Break!</h1>				
<b>13</b> Cinnamon UBR Fresh Grapes Hash Brown Patties  <b>Chicken Tenders / Roll Breakfast for Lunch! Baked Potato Wedges Mixed Fruit</b>	<b>14</b> French Toast Sticks Gala Apple Slices Crispy Bacon  <b>Teriyaki Chicken / Rice Chicken Quesadilla Broccoli Bites Sweet Orange Slices</b>	<b>15</b> Biscuits & Gravy Golden Bananas Sausage Patty  <b>Backyard Grill Burger BBQ Baked Beans Fresh Grapes</b>	<b>16</b> Breakfast Pizza Fuzzy Kiwi Vanilla Yogurt  <b>Big Cheese Ravioli BBQ Chicken Drum Baby Carrots / Ranch Green Apple Slices</b>	<b>17</b> Mini Donuts Applesauce Scrambled Eggs  <b>Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley</b>
<b>20</b> Apple Frudel Mixed Fruit Potato Baby Cakes <b>Poncorn Chicken / Roll Nacho Supreme Curly Q Potatoes Sliced Strawberries</b>	<b>21</b> Sweet Emoji Waffles Diced Peaches Sausage Patties <b>Taco Salad Bowl Hot Diggity Dog BBQ Baked Beans Cinnamon Apple Slices</b>	<b>22</b> Breakfast Sandwich Sliced Strawberries Regular or Spicy <b>Chicken Filet Sandwich Baby Carrots / Ranch Fresh Grapes</b>	<b>23</b> Honeybun Purple Plums Cheese Cubes <b>Mandarin Chicken Deli Sub Sandwich Broccoli Bites Sweet Orange Slices</b>	<b>24</b> Egg / Cheese Flatbread Golden Bananas Strawberry Yogurt <b>Chicken Alfredo Beef Taco Stick Mixed Salad Greens Watermelon Slices</b>
<b>27</b> Mini Caramel Cinni's Apple Slices String Cheese <b>Bosco Pepperoni Stick Mini Corn Dogs Crinkle Cut Fries Sliced Peaches</b>	<b>28</b> Sausage Bagels Fuzzy Kiwi Vanilla Yogurt <b>Baked Chicken Drum Sloppy Joes BBQ Baked Beans Mixed Berries</b>	<b>29</b> Homestyle Pancakes Diced Pears Sausage Links Regular or Spicy <b>Boneless Wings / Roll Baby Carrots / Ranch Gala Apple Slices</b>	<b>30</b> Baked Cinnamon Rolls Fresh Grapes Hash Brown Patties <b>BBQ Rib Sandwich Macaroni &amp; Cheese Steamed Broccoli Sweet Orange Slices</b>	<b>31</b> Super Pumpkin Bread Melon Medley Crispy Bacon <b>Cheese Or Pepperoni Pizza Mixed Salad Greens Mango Berry</b>

Meals are FREE for all students - no need to complete a meal application!  
USDA is an Equal Opportunity Provider, Employer and Lender

# La Paloma Academy

## October Snack Menu

Monday



Tuesday



Wednesday

Thursday

Friday



NO SCHOOL  
Today

WG Graham  
Crackers  
&  
String Cheese

WG White  
Cheddar  
Popcorn

Goldfish Pretzel  
Crackers

100 % Fruit Juice

NO SCHOOL  
Today

Rainbow  
Goldfish  
Crackers  
&  
100 % Fruit Juice

WG Graham  
Crackers  
&  
String Cheese

WG White  
Nacho Cheese  
Doritos

100 % Fruit Juice

Chex Mix  
Apple Slices  
&  
Orange Craisins

NO SCHOOL  
Today

Cheez – Its  
Fresh Fruit  
&  
Lemonade Craisins

Chex Mix  
Apple Slices  
&  
Strawberry Craisins

Cheez – Its  
Fresh Fruit  
&  
Watermelon Craisins

WG White  
Nacho Cheese  
Doritos  
100% Fruit Juice

NO SCHOOL  
Today

WG Cheddar  
Sun Chips  
100 % Fruit Juice

WG Cinnamon  
Crisp  
Crackers  
100 % Fruit Juice

WG Cheddar  
Sun chips  
100 % Fruit Juice

No Aftercare  
Today

NO SCHOOL  
Today

WG Rice  
Krispie  
Treat

Cheese Cubes

WG Chocolate  
Chip Oatmeal  
Bar  
&  
String Cheese

WG Rice  
Krispie  
Treat  
Cheese Cubes