



La Paloma Academy South Campus October Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
10/2/2017	10/3/2017	10/4/2017	10/5/2017	10/6/2017
Strawberry/Banana Yogurt Mini Graham and Lucky Charms with a Cheese stick 100% Grape Juice	Whole-Wheat Pan Dulce served with Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and Apple	Maple French Toast or Fruity Cheerio with a Cheese Stick and Applesauce	Pancake Wrapped with Sausage on a Stick or Bugs Bites Graham Cracker served with Cheese Stick and Fresh Grapes	Raspberry Churro or Trix with a Cheese Stick 100% Orange Juice
10/9/2017	10/10/2017	10/11/2017	10/12/2017	10/13/2017
<b style="font-size: 1.2em;">Fall Break - No School				
10/16/2017	10/17/2017	10/18/2017	10/19/2017	10/20/2017
Strawberry/Banana Yogurt Mini Graham Cocoa Puffs with a Cheese stick 100% Grape Juice	Whole-Grain Bagel With Cream Cheese Whole-Grain Cinnamon Pop-Tart served with Cheddar Stick and Apple	Apple Churro or Apple Jacks with a Cheese Stick and Mixed Fruit Bowl	Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice
10/23/2017	10/24/2017	10/25/2017	10/26/2017	10/27/2017
Strawberry/Banana Yogurt Mini Graham and Lucky Charms with a Cheese stick 100% Grape Juice	Whole-Wheat Pan Dulce served with Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and Apple	Maple French Toast or Fruity Cheerio with a Cheese Stick and Applesauce	Pancake Wrapped with Sausage on a Stick or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	Raspberry Churro or Trix with a Cheese Stick 100% Orange Juice
10/30/2017	10/31/2017	11/1/2017	11/2/2017	11/3/2017
Strawberry/Banana Yogurt Mini Graham Cocoa Puffs with a Cheese stick 100% Grape Juice	Mini Strawberry Bagel with Cheddar Cheese Stick or Whole-Grain Cinnamon Pop-Tart served with Cheddar Stick and Apple	Apple Churro or Trixs with a Cheese Stick and Mixed Fruit Bowl	Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice





Choice of Fat-Free or 1% White Milk available for breakfast.
 Make payments to your child's lunch account at www.myschoolbucks.com
 Applications for FREE and REDUCED Lunches are available at the Front Desk.
 Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.
 "This institution is an equal opportunity provider."
 Menus are subject to change without notice.



La Paloma Academy October Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
10/2/2017	10/3/2017	10/4/2017	10/5/2017	10/6/2017
Whole-Grain Chicken Pattie on Whole-Wheat Bun Smile Potatoes Chilled Diced Peaches Milk	Teriyaki Chicken with Rice Steamed Broccoli Florets Banana Milk	Whole-Grain Bean & Cheese Burrito Carrot Sticks Mixed Fruit Milk Salsa	Chicken Strips Ranch Beans Orange Slices Whole-Grain Biscuit Milk	Whole-Grain Pepperoni Pizza Bites Mixed Vegetables Applesauce Milk
10/9/2017	10/10/2017	10/11/2017	10/12/2017	10/13/2017
 Fall Break - No School 				
10/16/2017	10/17/2017	10/18/2017	10/19/2017	10/20/2017
BBQ Chicken Sandwich on Whole-Wheat Bun Sweet Potato Fries Chilled Diced Peaches Milk	Blueberry Mini Pancakes Sausage Patty Smile Potatoes Apple Milk	Whole-Grain Grilled Cheese Sandwich Green Beans Mixed Fruit Milk	Beef Taco Bowl Refried Beans Fresh Grapes Salsa Milk	Cheese Stick with Sauce Garden Salad with Italian Dressing Diced Pears Milk
10/23/2017	10/24/2017	10/25/2017	10/26/2017	10/27/2017
BBQ Pork Rib Sandwich Sweet Potato Fries Chilled Diced Peaches Milk	Cheese Quesadilla Refried Beans Banana Milk Salsa	Whole-Grain Turkey Corn Dog Baked Potato Rounds Mixed Fruit Milk	Orange Chicken with Rice Steamed Broccoli Florets Fresh Grapes Milk	Cheese Ravioli Green Beans Applesauce Wheat Breadstick Milk
10/30/2017	10/31/2017	11/1/2017	11/2/2017	11/3/2017
Sloppy Joes on Whole-Wheat Bun Whipped Potatoes Chilled Diced Peaches Milk	Grilled Chicken Breast Green Beans Apple Whole-Grain Biscuit Milk	Lil Smokies Ranch Beans Mixed Fruit Whole-Grain Tortilla Milk	Cheese Enchilada w/Green Chile Sauce Carrot Sticks Fresh Grapes Milk	Whole-Grain Spaghetti with Meatballs Garden Salad with Italian Dressing Diced Pears Wheat Breadstick Milk



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