



La Paloma Academy - South Campus September Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
9/3/2018	9/4/2018	9/5/2018	9/6/2018	9/7/2018
Labor Day No School	TEACHER INSERVICE NO SCHOOL	Maple French Toast or Fruity Cheerio with a Cheese Stick and Applesauce	Pancake Wrapped with Sausage on a Stick or Bug Bites Graham Cracker served with a Cheese Stick and Fresh Grapes	Blueberry Mini Pancakes or Trix with a Cheese Stick 100% Orange Juice
9/10/2018	9/11/2018	9/12/2018	9/13/2018	9/14/2018
Yogurt & Crackers or Cocoa Puffs with a Cheese Stick 100% Grape Juice	Whole-Grain Bagel w/Cream Cheese or Whole-Grain Cinnamon Pop-Tart served with a Cheese Stick and an Apple	Maple French Toast or Apple Jacks with a Cheese Stick and Mixed Fruit Bowl	Pancake Wrapped w/Sausage on a Stick or Apple Cinnamon Muffin with a Cheddar Stick and Fresh Grapes	Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice
9/17/2018	9/18/2018	9/19/2018	9/20/2018	9/21/2018
Yogurt & Crackers or Lucky Charms with a Cheese Stick 100% Grape Juice	Whole-Wheat Pan Dulce served with a Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and an Apple	Maple French Toast or Fruity Cheerios with a Cheese Stick and Applesauce	Pancake Wrapped with Sausage on a Stick or Bug Bites Graham Cracker served with a Cheese Stick and Fresh Grapes	Blueberry Mini Pancakes or Trix with a Cheese Stick 100% Orange Juice
9/24/2018	9/25/2018	9/26/2018	9/27/2018	9/28/2018
Yogurt & Crackers or Cocoa Puffs with a Cheese Stick 100% Grape Juice	Whole-Grain Bagel w/Cream Cheese or Whole-Grain Cinnamon Pop-Tart served with a Cheese Stick and an Apple	Maple French Toast or Apple Jacks with a Cheese Stick and Mixed Fruit Bowl	Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with a Cheddar Stick and Fresh Grapes	Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Make payments to your child's lunch account at www.MySchoolBucks.com

Applications for FREE and REDUCED lunches are available at the front desk.





La Paloma Academy - South Campus September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
9/3/2018	9/4/2018	9/5/2018	9/6/2018	9/7/2018
Labor Day No School	TEACHER INSERVICE NO SCHOOL	Lit'l Smokies Ranchero Beans Mixed Fruit Whole-Grain Tortilla Milk	Chicken Fajitas with Rice Whole-Grain Tortilla Carrot Sticks Fresh Grapes Milk	Pepperoni Pizza on Whole Grain Crust Garden Salad with Italian Dressing Diced Pears Milk
9/10/2018	9/11/2018	9/12/2018	9/13/2018	9/14/2018
Cheeseburger Smile Potatoes Chilled Diced Peaches Milk	Turkeywich Sweet Potato Fries Banana Milk	Mini Corn Dogs Barbecue Beans Orange Smiles Milk	Chicken Taco Bowl Celery Sticks Mixed Fruit Salsa Milk	Cheese Stick with Marinara Garden Salad with Italian Dressing Applesauce Milk
9/17/2018	9/18/2018	9/19/2018	9/20/2018	9/21/2018
Stuffed Meatloaf Crinkle Cut French Fries Chilled Diced Peaches Milk	Crispy Drumstick Steamed Broccoli Florets Apple Whole-Grain Biscuit Milk	Hot Diggity Dog Sweet Potato Tots Mixed Fruit Milk	Beef Quesadilla Refried Beans Fresh Grapes Salsa Milk	Pretzel and Cheese Green Beans Diced Pears Milk
9/24/2018	9/25/2018	9/26/2018	9/27/2018	9/28/2018
Chicken Pattie Sandwich Smile Potatoes Chilled Diced Peaches Milk	Mini Maple Waffles Sausage Patty Smile Potatoes Apple Milk	Whole-Grain Bean & Cheese Burrito Carrot Sticks Mixed Fruit Milk Salsa	Chicken Strips Ranchero Beans Orange Slices Whole-Grain Biscuit Milk	Pepperoni Pizza on a Whole-Grain Crust Mixed Vegetables Applesauce Milk

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