



## La Paloma Academy - South Campus January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7-Jan	8-Jan	9-Jan	10-Jan	11-Jan
<b>Teacher In-Service Day No School</b>	Whole-Wheat Pan Dulce served with a Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and an Apple	Maple French Toast or Fruity Cheerio with a Cheese Stick and Applesauce	Pancake Wrapped with Sausage on a Stick or Bug Bites Graham Cracker served with a Cheese Stick and Fresh Grapes	Blueberry Mini Pancakes or Trix with a Cheese Stick 100% Orange Juice
14-Jan	15-Jan	16-Jan	17-Jan	18-Jan
Yogurt & Crackers or Cocoa Puffs with a Cheese Stick 100% Grape Juice	Mini Strawberry Bagel with a Cheddar Cheese Stick or Whole-Grain Cinnamon Pop-Tart served with a Cheese Stick and an Apple	Maple French Toast or Apple Jacks with a Cheese Stick and Mixed Fruit Bowl	Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice
21-Jan	22-Jan	23-Jan	24-Jan	25-Jan
<b>Martin Luther King, Jr. Day No School</b>	Whole-Wheat Pan Dulce served with a Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and an Apple	Maple French Toast or Fruity Cheerios with a Cheese Stick and Applesauce	Pancake Wrapped with Sausage on a Stick or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	Blueberry Mini Pancakes or Trix with a Cheese Stick 100% Orange Juice
28-Jan	29-Jan	30-Jan	31-Jan	1-Feb
Yogurt & Crackers or Little Wheat Bite Cereal with a Cheese Stick 100% Grape Juice	Whole-Grain Bagel w/Cream Cheese or Whole-Grain Cinnamon Pop-Tart served with a Cheese Stick and an Apple	Maple French Toast or Trix with a Cheese Stick and a Mixed Fruit Bowl	Pancake Wrapped with Sausage on a Stick or Chocolate Chip Muffin served with Cheese Stick and Fresh Grapes	Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Make payments to your child's lunch account at [www.MySchoolBucks.com](http://www.MySchoolBucks.com)

Applications for FREE and REDUCED lunches are available at the front desk.





## La Paloma Academy - South Campus January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>7-Jan</b>	<b>8-Jan</b>	<b>9-Jan</b>	<b>10-Jan</b>	<b>11-Jan</b>
<b>Teacher In-Service Day No School</b>	Sweet and Sour Chicken with Rice Steamed Broccoli Florets Diced Pears Milk	Bean & Cheese Chalupa Carrot Sticks Mixed Fruit Milk Salsa	Chicken Strips Ranchero Beans Orange Slices Whole-Grain Biscuit Milk	Pepperoni Pizza on a Whole-Grain crust Mixed Vegetables Applesauce Milk
<b>14-Jan</b>	<b>15-Jan</b>	<b>16-Jan</b>	<b>17-Jan</b>	<b>18-Jan</b>
BBQ Chicken Sandwich Sweet Potato Fries Chilled Diced Peaches Milk	Blueberry Mini Pancakes Sausage Patty Smile Potatoes Apple Milk	Whole-Grain Grilled Cheese Sandwich Green Beans Mixed Fruit Milk	Beef Taco Bowl Refried Beans Fresh Grapes Salsa Milk	Lasagna Garden Salad with Dressing Diced Pears Wheat Breadstick Milk
<b>21-Jan</b>	<b>22-Jan</b>	<b>23-Jan</b>	<b>24-Jan</b>	<b>25-Jan</b>
<b>Martin Luther King, Jr. Day No School</b>	Crispy Drumstick Whipped Potatoes Banana Whole-Grain Biscuit Milk	Chicken Taco Bowl Refried Beans Mixed Fruit Milk Salsa	Chicken Nuggets Whole-Grain Sweet Potato Tots Diced Pears Milk	Pepperoni Pizza on a Whole-Grain crust Green Beans Applesauce Milk
<b>28-Jan</b>	<b>29-Jan</b>	<b>30-Jan</b>	<b>31-Jan</b>	<b>1-Feb</b>
Sloppy Joes Whipped Potatoes Chilled Diced Peaches Milk	Cheese Enchilada with Green Chile Sauce Carrot Sticks Fresh Grapes Milk	Lit'l Smokies Ranchero Beans Mixed Fruit Whole-Grain Tortilla Milk	Stuffed Meatloaf with Sauce Green Beans Apple Whole-Grain Biscuit Milk	Whole-Grain Spaghetti with Meat Sauce Garden Salad with Dressing Diced Pears Wheat Breadstick Milk

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

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