

La Paloma Academy - South Campus

July-August	Breakfast Menu
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Monday	Tuesday 30-Jul	Wednesday 31-Jul	Thursday 1-Aug	Friday
			÷	2-Aug
	Pancake Sausage Sandwich	Mini Blueberry Waffles	Egg & Cheese Wrap	Breakfast Pizza
	or	or	or	or
	ChocolateChip Benefit Bar	Bug Bites Graham Cracker	Bug Bites Graham Cracker	Yogurt & Crackers
	and	and	served with Cheese Stick	100% Orange Juice
	Apple	Applesauce	and	
			Fresh Grapes	
Aug	6-Aug	7-Aug	8-Aug	9-Aug
Egg, Cheese & Chorizo	Bagel w/Cream Cheese	Maple French Toast	Pancake Wrapped w/Sausage	Breakfast Pizza
Burrito	or	or	on a Stick	or
or	Cinnamon Pop-Tart w/Cheese	Glazed Mini Donuts	or	Yogurt & Crackers
Apple Jacks with a	and an	with a Cheese Stick	Apple Cinnamon Muffin	100% Orange Juice
Cheese Stick	Apple	and	with Cheddar Stick	C C
100% Grape Juice	, pp.o	Mixed Fruit Bowl	and	
			Fresh Grapes	
12-Aug	13-Aug	14-Aug	15-Aug	16-Aug
Egg & Cheese Omelet	Pancake Sausage Sandwich	Mini Blueberry Waffles	Egg & Cheese Wrap	Breakfast Pizza
or	or	or	or	Or
Coffee Cake w/Cheese	French Toast Benefit Bar	Scooby Doo Graham Sticks	Bug Bites Graham Cracker	Yogurt & Crackers
100% Grape Juice	and an	served with Cheese Stick	served with Cheese Stick	100% Orange Juice
100% Grape Juice				100% Orange Suice
	Apple	and	and	
		Applesauce	Fresh Grapes	
-Aug	20-Aug	21-Aug	22-Aug	23-Aug
Egg, Cheese & Chorizo	Cinnamon Raisin Bagel	Maple French Toast	Pancake Wrapped w/Sausage	Breakfast Pizza
Burrito	w/Cream Cheese	or	on a Stick	or
or	or	Glazed Mini Donuts	or	Yogurt & Crackers
Little Wheat Bite Cereal	Choclate Pop-Tart w/Cheese	with a Cheese Stick	Apple Cinnamon Muffin	100% Orange Juice
with a Cheese Stick	and an	and	with Cheddar Stick	
100% Grape Juice	Apple	Mixed Fruit Bowl	and	
			Fresh Grapes	
-Aug	27-Aug	28-Aug	29-Aug	30-Aug
Egg & Cheese Omelet	Pancake Sausage Sandwich	Mini Blueberry Waffles	Egg & Cheese Wrap	Breakfast Pizza
or	or	or	or	or
Cheerios with a	Chocolate Chip Benefit Bar	Bug Bites Graham Cracker	Bug Bites Graham Cracker	Yogurt & Crackers
Cheese Stick	and an	and	served with Cheese Stick	100% Orange Juice
100% Grape Juice	Apple	Applesauce	and	
			Fresh Grapes	
	Choice of Fat-Free or 1% White	Milk available for breakfast. Raisi	ns or Cranraisins are also available	·
1		Fat-Free White, or 1% White Milk available for lunch.		
		nstitution is an equal opportunity		
		hus are subject to change without notice.		
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		your child's lunch account at www EE and REDUCED lunches are avai	-	

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LA PALOMA	

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July-August Lunch Menu									
Monday	Tuesday	Wednesday	Thursday	Friday					
	30-Jul	31-Jul	1-Aug	2-Aug					
	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE					
	Chicken & Cheese Burrito	Hamwich	Chicken Strips	Pepperoni Pizza					
	Bean & Cheese Nacho Bites	Mini Corn Dogs	Grilled Cheese Sandwich	on Whole-Grain crust					
	*SIDES	*SIDES	*SIDES	Pepperoni Calzone					
	Fiesta Corn	Green Beans	Sunshine Carrots	with Marinana Cup					
	Apple	Mixed Fruit	Orange Slices	*SIDES					
			Milk	Garden Salad with Dressing					
				Applesauce					
-Aug	6-Aug	7-Aug	8-Aug	9-Aug					
CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE					
Bacon Cheeseburger	Chicken & Cheese Burrito	Turkey Corn Dog	Chicken & Waffle	Pepperoni Pizza					
Chicken Drumstick	Bean & Cheese Pupusa	Turkeywich	Sea Shape Fish Nuggets	on Whole-Grain crust					
with Roll	*SIDES	*SIDES	*SIDES	Lasagna with Garlic Bread					
*SIDES	Fiesta Corn	Mixed Vegetables	Sweet Potato Tots	*SIDES					
Barbecue Beans	Apple	Mixed Fruit	Fresh Grapes	Steamed Broccoli					
Peaches	Salsa			Diced Pears					
2-Aug	13-Aug	14-Aug	15-Aug	16-Aug					
CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE					
Grilled Cheese Sandwich	Nachos with Cheese	Chicken Salad Croissant	Chicken Strips	Cheese Pizza					
Hot Diggity Dog	Chicken Quesadilla	Mini Corn Dogs	Hamwich	Cheese Ravioli					
*SIDES	*SIDES	*SIDES	*SIDES	with Garlic Bread					
Smile Potatoes	Refried Beans	Green Beans	Honey Carrots	*SIDES					
Peaches	Banana	Mixed Fruit	Orange Slices	Garden Salad with Dressing					
Milk	Milk			Applesauce					
9-Aug	20-Aug	21-Aug	22-Aug	23-Aug					
CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE					
Hamburger	Bean & Cheese Chalupa	Turkeywich	Brunch for Lunch	Pepperoni Pizza					
Crispy Drumstick	Cheese Enchilada	Sea Shape Fish Nuggets	Pancake & Bacon	on Whole-Grain Crust					
*SIDES	with Green Chile Sauce	*SIDES	Grilled Cheese Sandwich	Pepperoni Calzone					
Barbecue Beans	*SIDES	Mixed Vegetables	*SIDES	with Marinara Cup					
Peaches	Fiesta Corn	Mixed Fruit	Sweet Potato Fries	*SIDES					
	Apple	Wixed Fruit	Fresh Grapes	Steamed Broccoli					
	Salsa		Tresh Grapes	Diced Pears					
		20. 4	20.4						
	27-Aug	28-Aug	29-Aug	30-Aug					
CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE	CHOOSE ONE ENTREE					
Teriyaki Chicken	Walking Taco	Chicken Pot Pie	Hamburger	Cheese Pizza					
with Rice	Bean & Cheese Nacho Bites	Grilled Cheese Sandwich	Chicken Nuggets	Soft Pretzels with Cheese					
Pork Egg Roll	*SIDES	*SIDES	with Biscuit	*SIDES					
with Rice	Refried Beans	Green Beans	*SIDES	Garden Salad with Dressing					
*SIDES	Banana	Mixed Fruit	Whipped Potatoes	Applesauce					
Carrot Coins	Salsa		Orange Slices						
Peaches									
	Choice of Fat-Free or 1% White	Milk available for breakfast. Rais	ins or Cranraisins are also availal	ble.					
	Fat-Free Chocolate	e, Fat-Free White, or 1% White N	1ilk available for lunch.						
"This institution is an equal opportunity provider." Menus are subject to change without notice. Make payments to your child's lunch account at www.MySchoolBucks.com									
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