



La Paloma Academy – South Campus September Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day No School	3 Bagel w/Cream Cheese or Cinnamon Pop-Tart w/Cheese and an Apple	4 Maple French Toast or Glazed Mini Donuts with a Cheese Stick and Mixed Fruit Bowl	5 Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	6 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
9 Egg & Cheese Omelet or Cinnamon Toast Cereal 100% Grape Juice	10 Pancake Sausage Sandwich or French Toast Benefit Bar and an Apple	11 Mini Blueberry Waffles or Scooby Doo Graham Sticks served with a Cheese Stick and Applesauce	12 Egg & Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	13 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
16 Egg, Cheese & Chorizo Burrito or Little Wheat Bite Cereal with a Cheese Stick 100% Grape Juice	17 Cinnamon Raisin Bagel with Cream Cheese or Chocolate Pop-Tart with Cheese and an Apple	18 Maple French Toast or Glazed Mini Donuts with a Cheese Stick and Mixed Fruit Bowl	19 Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	20 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
23 Egg & Cheese Omelet or Cheerios with a Cheese Stick 100% Grape Juice	24 Pancake Sausage Sandwich or Chocolate Chip Benefit Bar and an Apple	25 Mini Blueberry Waffles or Bug Bites Graham Cracker and Applesauce	26 Egg & Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	27 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice

Choice of FF, 1% White milk is available for Breakfast. Raisins or Cranraisins are also available.

Choice of FF, 1% White milk and FF Chocolate milk is available for Lunch

Menu is subject to change without notice.

Make payments to your child's lunch account at www.myschoolbucks.com

Applications for FREE and REDUCED Lunches are available at the Front Desk.

“This institution is an equal opportunity provider.”





La Paloma Academy – South Campus September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day No School	3 CHOOSE ONE ENTREE Chicken & Cheese Burrito Bean & Cheese Pupusa *SIDES Fiesta Corn Apple Milk	4 CHOOSE ONE ENTREE Turkey Corn Dog Turkeywich *SIDES Mixed Vegetables Mixed Fruit Milk	5 CHOOSE ONE ENTREE Chicken & Waffle Sea-Shape Fish Nuggets *SIDES Sweet Potato Tots Fresh Grapes Milk	6 CHOOSE ONE ENTREE Pepperoni Pizza on WHOLE-GRAIN Crust Lasagna w/Garlic Bread *SIDES Steamed Broccoli Diced Pears Milk
9 CHOOSE ONE ENTREE Grilled Cheese Sandwich Hot Diggity Dog *SIDES Smile Potatoes Peaches Milk	10 CHOOSE ONE ENTREE Nachos with Cheese Chicken Quesadilla *SIDES Refried Beans Banana Milk	11 CHOOSE ONE ENTREE Chicken Salad Croissant Mini Corn Dogs *SIDES Green Beans Mixed Fruit Milk	12 CHOOSE ONE ENTREE Chicken Strips Hamwich *SIDES Honey Carrots Orange Slices Milk	13 CHOOSE ONE ENTREE Cheese Pizza Cheese Ravioli with Garlic Bread *SIDES Garden Salad with Dressing Applesauce Milk
16 CHOOSE ONE ENTREE Hamburger Crispy Drumstick *SIDES Barbecue Beans Peaches Milk	17 CHOOSE ONE ENTREE Bean & Cheese Chalupa Cheese Enchilada with Green Chile Sauce *SIDES Fiesta Corn Apple Milk	18 CHOOSE ONE ENTREE Turkeywich Sea-Shape Fish Nuggets *SIDES Mixed Vegetables Mixed Fruit Milk	19 CHOOSE ONE ENTREE Brunch for Lunch Pancake & Bacon Grilled Cheese Sandwich *SIDES Sweet Potato Fries Fresh Grapes Milk	20 CHOOSE ONE ENTREE Pepperoni Pizza on WHOLE-GRAIN Crust Pepperoni Calzone w/ Marinara Cup *SIDES Steamed Broccoli Diced Pears Milk
23 CHOOSE ONE ENTREE Teriyaki Chicken with Rice Pork Egg Roll with Rice *SIDES Carrot Coins Peaches Milk	24 CHOOSE ONE ENTREE Walking Taco Bean & Cheese Nacho Bites *SIDES Refried Beans Banana Milk	25 CHOOSE ONE ENTREE Chicken Pot Pie Grilled Cheese Sandwich *SIDES Green Beans Mixed Fruit Milk	26 CHOOSE ONE ENTREE Hamburger Chicken Nuggets with Biscuit *SIDES Whipped Potatoes Orange Slices Milk	27 CHOOSE ONE ENTREE Cheese Pizza Soft Pretzels w/Cheese *SIDES Garden Salad with Dressing Applesauce Milk

Choice of FF, 1% White milk is available for Breakfast. Raisins or Cranraisins are also available.

Choice of FF, 1% White milk and FF Chocolate milk is available for Lunch

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La Paloma Academy – South Campus September After-School Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day No School	3 Scooby Doo Graham Sticks Cheddar Cheese Cubes	4 Quaker Snack Mix Apple-Banana Twist Fruitable	5 Heartzels Pretzels Cheddar Cheese Cubes	6 Chili Cheese Cheetos Apple Twist Fruitable
9 Cheddar Chex Mix Applesauce Cups	10 Bunny & Friends Crackers Colby Jack Cheese Stick	11 Rice Krispies Treat Apple Twist Fruitable	12 White Cheddar Popcorn Cheddar Cheese Cubes	13 Chocolate Chip Cookie Apple-Banana Twist Fruitable
16 Cheese Ritz Bits Applesauce Cups	17 Baked BBQ Chips Cheddar Cheese Cubes	18 Cinnamon Crisp Chips Apple-Banana Twist Fruitable	19 Heartzels Pretzels Cheddar Cheese Cubes	20 Chili Cheese Cheetos Apple Twist Fruitable
23 Baked Cheese Balls Applesauce Cups	24 Baked Cheddar Sour Cream Chips Cheddar Cheese Stick	25 Brownie Apple-Banana Twist Fruitable	26 White Cheddar Popcorn String Cheese Stick	27 Chocolate Chip Cookie Apple Twist Fruitable

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