



La Paloma Academy October Breakfast Menu

South Campus

Monday	Tuesday	Wednesday	Thursday	Friday
30 Egg, Cheese & Chorizo Burrito or Apple Jacks with a Cheese Stick 100% Grape Juice	1 Bagel with Cream Cheese or Cinnamon Pop-Tart with Cheese and an Apple	2 Maple French Toast or Glazed Mini Donuts with a Cheese Stick and Mixed Fruit Bowl	3 Pancake Wrapped w/Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	4 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
7 Fall Break No School	8 Fall Break No School	9 Fall Break No School	10 Fall Break No School	11 Fall Break No School
14 Egg & Cheese Omelet or Cinnamon Toast Cereal 100% Grape Juice	15 Pancake Sausage Sandwich or French Toast Benefit Bar and an Apple	16 Mini Blueberry Waffles or Scooby Doo Graham Sticks served with Cheese Stick and Applesauce	17 Egg & Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	18 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
21 Egg, Cheese & Chorizo Burrito or Little Wheat Bite Cereal with a Cheese Stick 100% Grape Juice	22 Cinnamon Raisin Bagel with Cream Cheese or Chocolate Pop-Tart with Cheese and an Apple	23 Maple French Toast or Glazed Mini Donuts with a Cheese Stick and Mixed Fruit Bowl	24 Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	25 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
28 Egg & Cheese Omelet or Cheerios with a Cheese Stick 100% Grape Juice	29 Pancake Sausage Sandwich or Choc Chip Benefit Bar and an Apple	30 Mini Blueberry Waffles or Bug Bites Graham Cracker and Applesauce	31 Egg & Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	1 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice

Choice of FF, 1% White milk is available for Breakfast. Raisins or Cranraisins are also available.

Choice of FF, 1% White milk and FF Chocolate milk is available for Lunch

Menu is subject to change without notice.

Make payments to your child's lunch account at www.myschoolbucks.com

Applications for FREE and REDUCED Lunches are available at the Front Desk.

"This institution is an equal opportunity provider."





La Paloma Academy South October Lunch Menu

South Campus

Monday	Tuesday	Wednesday	Thursday	Friday
30 CHOOSE ONE ENTREE BBQ Pulled Pork Sandwich Hot Diggity Dog *SIDES Smile Potatoes Peaches Milk	1 CHOOSE ONE ENTREE Chicken Fajitas w/Tortilla Chicken Quesadilla *SIDES Refried Beans Banana Milk	2 CHOOSE ONE ENTREE Chicken Salad Croissant Turkey Corn Dog *SIDES Mixed Vegetables Mixed Fruit Milk	3 CHOOSE ONE ENTREE Brunch for Lunch Pancake & Sausage Stick Grilled Cheese Sandwich *SIDES Sweet Potato Tots Fresh Grapes Milk	4 CHOOSE ONE ENTREE Cheese Pizza Cheese Stick with Marinara Cup *SIDES Steamed Broccoli Diced Pears Milk
7 Fall Break No School	8 Fall Break No School	9 Fall Break No School	10 Fall Break No School	11 Fall Break No School
14 CHOOSE ONE ENTREE Bacon Cheeseburger Chicken Drumstick with Roll *SIDES Barbecue Beans Peaches Milk	15 CHOOSE ONE ENTREE Chicken Pot Pie Grilled Cheese Sandwich *SIDES Green Beans Mixed Fruit Milk	16 CHOOSE ONE ENTREE Turkey Corn Dog Ham & Cheese Croissant *SIDES Mixed Vegetables Mixed Fruit Milk	17 CHOOSE ONE ENTREE Chicken Strips Grilled Cheese Sandwich *SIDES Sunshine Carrots Orange Slices Milk	18 CHOOSE ONE ENTREE Pepperoni Pizza on Whole-Grain Crust Pepperoni Calzone w/ Marinara Cup *SIDES Garden Salad with Dressing Applesauce Milk
21 CHOOSE ONE ENTREE Bacon Cheeseburger Chicken Drumstick w/Roll *SIDES Barbecue Beans Peaches Milk	22 CHOOSE ONE ENTREE Whole-Grain Bean & Cheese Burrito Bean & Cheese Pupusa *SIDES Fiesta Corn Apple Milk	23 CHOOSE ONE ENTREE Chicken & Waffle Turkeywich *SIDES Mixed Vegetables Mixed Fruit Milk	24 CHOOSE ONE ENTREE Sea Shape Fish Nuggets Turkey Corn Dog *SIDES Sweet Potato Tots Fresh Grapes Milk	25 CHOOSE ONE ENTREE Pepperoni Pizza on Whole-Grain Crust Lasagna w/Garlic Bread *SIDES Steamed Broccoli Diced Pears Milk
28 CHOOSE ONE ENTREE Hot Diggity Dog Grilled Cheese Sandwich *SIDES Smile Potatoes Peaches Milk	29 CHOOSE ONE ENTREE Nachos w/Cheese Chicken Quesadilla *SIDES Refried Beans Banana Milk	30 CHOOSE ONE ENTREE Chicken Salad Croissant Turkey Corn Dog *SIDES Green Beans Mixed Fruit Milk	31 CHOOSE ONE ENTREE Chicken Strips Hamwich *SIDES Honey Carrots Orange Slices Milk	1 CHOOSE ONE ENTREE Cheese Pizza Cheese Ravioli with Garlic Bread *SIDES Garden Salad with Dressing Applesauce Milk

Choice of FF, 1% White milk is available for Breakfast. Raisins or Cranraisins are also available.

Choice of FF, 1% White milk and FF Chocolate milk is available for Lunch

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