

La Paloma Academy

South Campus

September Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7 Labor Day No School	8 Bagel w/Cream Cheese or Cinnamon Pop-Tart with Cheese and Red Delicious Apple	9 Maple French Toast or Glazed Mini Donuts with a Cheese Stick and Mixed Fruit Bowl	10 Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	11 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
14 Egg & Cheese Omelet or Cinnamon Toast Cereal Fresh Grapes / Juice	15 Pancake Sausage Sandwich or French Toast Benefit Bar and Red Delicious Apple	16 Mini Blueberry Waffles or Scooby Doo Graham Sticks served with Cheese Stick and Applesauce	17 Egg & Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	18 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
21 Egg, Cheese & Chorizo Burrito or Little Wheat Bite Cereal with a Cheese Stick Fresh Grapes / Juice	22 Cinnamon Raisin Bagel with Cream Cheese or Chocolate Pop-Tart with Cheese and Red Delicious Apple	23 Maple French Toast or Glazed Mini Donuts with a Cheese Stick and Mixed Fruit Bowl	24 Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	25 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice
28 Egg & Cheese Omelet or Cheerios with a Cheese Stick Fresh Grapes / Juice	29 Pancake Sausage Sandwich or Chocolate Chip Benefit Bar and Red Delicious Apple	30 Mini Blueberry Waffles or Bug Bites Graham Cracker and Applesauce	1 Egg & Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	2 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice

Choice of fat-free, 1% white milk is available for breakfast. Raisins or Cranraisins are also available.

Choice of fat-free, 1% white milk and fat-free chocolate milk is available for lunch



Menu is subject to change without notice.



Applications for FREE and REDUCED lunches are available at the front desk.

“This institution is an equal opportunity provider.”

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September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7 Labor Day No School	8 CHOOSE ONE ENTREE Nachos w/Cheese Chicken Quesadilla *SIDES Refried Beans Fresh Banana Milk	9 CHOOSE ONE ENTREE Chicken Salad Croissant Mini Corn Dogs *SIDES Green Beans Mixed Fruit Milk	10 CHOOSE ONE ENTREE Chicken Strips Deli Sub Sandwich *SIDES Honey Carrots Orange Slices Milk	11 CHOOSE ONE ENTREE Cheese Pizza Cheese Ravioli w/Garlic Bread *SIDES Garden Salad w/Dressing Applesauce Milk
14 CHOOSE ONE ENTREE Hamburger Crispy Drumstick *SIDES Barbecue Beans Peaches Milk	15 CHOOSE ONE ENTREE Bean & Cheese Chalupa Cheese Enchilada with Green Chile Sauce *SIDES Fiesta Corn Red Delicious Apple Milk	16 CHOOSE ONE ENTREE Deli Sub Sandwich Sea Shape Fish Nuggets with Biscuit *SIDES Mixed Vegetables Mixed Fruit Milk	17 CHOOSE ONE ENTREE Brunch for Lunch Pancake & Bacon Grilled Cheese Sandwich *SIDES Sweet Potato Fries Fresh Grapes Milk	18 CHOOSE ONE ENTREE Pepperoni Pizza on whole-grain crust Pepperoni Calzone with Marinara Cup *SIDES Steamed Broccoli Diced Pears Milk
21 CHOOSE ONE ENTREE Teriyaki Chicken with Rice Pork Egg Roll with Rice *SIDES Carrot Coins Peaches Milk	22 CHOOSE ONE ENTREE Walking Taco Bean and Cheese Nacho Bites *SIDES Refried Beans Fresh Banana Milk	23 CHOOSE ONE ENTREE Chicken Pot Pie Grilled Cheese Sandwich *SIDES Green Beans Mixed Fruit Milk	24 CHOOSE ONE ENTREE Hamburger Chicken Nuggets with Biscuit *SIDES Whipped Potatoes Orange Slices Milk	25 CHOOSE ONE ENTREE Cheese Pizza Soft Pretzels w/Cheese *SIDES Garden Salad w/Dressing Applesauce Milk
28 CHOOSE ONE ENTREE Bacon Cheeseburger BBQ Chicken Drumstick with Roll *SIDES Barbecue Beans Peaches Milk	29 CHOOSE ONE ENTREE Chicken & Cheese Burrito Bean & Cheese Pupusa *SIDES Fiesta Corn Red Delicious Apple Milk	30 CHOOSE ONE ENTREE Deli Sub Sandwich Chicken Nuggets with Roll *SIDES Green Beans Mixed Fruit Milk	1 CHOOSE ONE ENTREE Brunch for Lunch Pancake & Sausage Stick Grilled Cheese Sandwich *SIDES Sweet Potato Tots Fresh Grapes Milk	2 CHOOSE ONE ENTREE Cheese Pizza Cheese Stick with Marinara Cup *SIDES Steamed Broccoli Diced Pears Milk

Choice of fat-free, 1% white milk is available for breakfast. Raisins or Cranraisins are also available.

Choice of fat-free, 1% white milk and fat-free chocolate milk is available for lunch



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