



La Paloma Academy November Breakfast Menu South Campus

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| 2 Egg and Cheese Omelet or Cheerios with a Cheese Stick Grape Juice | 3 Pancake Sausage Sandwich or Chocolate Chip Benefit Bar and Red Delicious Apple | 4 Mini Blueberry Waffles or Bug Bites Cracker and Applesauce | 5 Egg and Cheese Wrap or Scooby Doo Cracker served with Cheese Stick and Fresh Grapes | 6 Breakfast Pizza or Yogurt & Crackers 100% Orange Juice |
| 9 Egg, Cheese, and Chorizo Burrito or Apple Jacks with a Cheese Stick Grape Juice | 10 Bagel with Cream Cheese or Cinnamon Pop-Tart with Cheese and Red Delicious Apple | 11 <i>Veterans Day No School</i> | 12 Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes | 13 Breakfast Pizza or Yogurt and Crackers 100% Orange Juice |
| 16 Egg and Cheese Omelet or Cinnamon Toast Cereal Grape Juice | 17 Pancake Sausage Sandwich or French Toast Benefit Bar and Red Delicious Apple | 18 Mini Blueberry Waffles or Scooby Doo Graham Sticks served with Cheese Stick and Applesauce | 19 Egg and Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes | 20 Breakfast Pizza or Yogurt and Crackers 100% Orange Juice |
| 23 Egg, Cheese, and Chorizo Burrito or Little Wheat Bite Cereal with a Cheese Stick Grape Juice | 24 Cinnamon Raisin Bagel with Cream Cheese or Strawberry Pop-Tart with Cheese and Red Delicious Apple | 25 <i>Thanksgiving Break No School</i> | 26 <i>Thanksgiving Break No School</i> | 27 <i>Thanksgiving Break No School</i> |

Choice of fat-free, 1% white milk is available for breakfast. Raisins or Cranraisins are also available.

Choice of fat-free, 1% white milk and fat-free chocolate milk is available for lunch.

Menu is subject to change without notice.

“This institution is an equal opportunity provider.”



La Paloma Academy

November Lunch Menu

South Campus

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|---|
| <p>2</p> <p>CHOOSE ONE ENTREE Teriyaki Chicken with Rice Pork Egg Roll with Rice *SIDES Carrot Coins & Peaches Milk</p> | <p>3</p> <p>CHOOSE ONE ENTREE Walking Taco Bean and Cheese Nacho Bites *SIDES Refried Beans Fresh Banana Milk</p> | <p>4</p> <p>CHOOSE ONE ENTREE Chicken Pot Pie Grilled Cheese Sandwich *SIDES Green Beans Mixed Fruit Milk</p> | <p>5</p> <p>CHOOSE ONE ENTREE Hamburger Chicken Nuggets with Biscuit *SIDES Whipped Potatoes Orange Slices Milk</p> | <p>6</p> <p>CHOOSE ONE ENTREE Cheese Pizza Soft Pretzels with Cheese *SIDES Garden Salad with Dressing Applesauce Milk</p> |
| <p>9</p> <p>CHOOSE ONE ENTREE Bacon Cheeseburger BBQ Chicken Drumstick with Roll *SIDES Barbecue Beans Peaches Milk</p> | <p>10</p> <p>CHOOSE ONE ENTREE Chicken and Cheese Burrito Bean and Cheese Pupusa *SIDES Fiesta Corn Red Delicious Apple Milk</p> | <p>11</p> <p style="text-align: center;"><i>Veterans Day No School</i></p> | <p>12</p> <p>CHOOSE ONE ENTREE <u>Brunch for Lunch</u> Pancake & Sausage Stick Grilled Cheese Sandwich *SIDES Sweet Potato Tots Fresh Grapes Milk</p> | <p>13</p> <p>CHOOSE ONE ENTREE Cheese Pizza Cheese Stick with Marinara Cup *SIDES Steamed Broccoli Diced Pears Milk</p> |
| <p>16</p> <p>CHOOSE ONE ENTREE Lit'l Smokies Ball Park Frank *SIDES Waffle Fries Peaches Milk</p> | <p>17</p> <p>CHOOSE ONE ENTREE Chicken Fajitas with Tortilla Chicken Quesadilla *SIDES Refried Beans Fresh Banana Milk</p> | <p>18</p> <p>CHOOSE ONE ENTREE Chicken Salad Croissant Turkey Corn Dog *SIDES Mixed Vegetables Mixed Fruit Milk</p> | <p>19</p> <p>CHOOSE ONE ENTREE Chicken Strips Grilled Cheese Sandwich *SIDES Sunshine Carrots Orange Slices Milk</p> | <p>20</p> <p>CHOOSE ONE ENTREE Pepperoni Pizza on Whole-Grain Crust Pepperoni Calzone with Marinara Cup *SIDES Garden Salad with Dressing Applesauce Milk</p> |
| <p>23</p> <p>CHOOSE ONE ENTREE Bacon Cheeseburger Chicken Drumstick with Roll *SIDES Barbecue Beans Peaches Milk</p> | <p>24</p> <p>CHOOSE ONE ENTREE Chicken and Cheese Burrito Bean & Cheese Pupusa *SIDES Fiesta Corn Red Delicious Apple Milk</p> | <p>25</p> <p style="text-align: center;"><i>Thanksgiving Break No School</i></p> | <p>26</p> <p style="text-align: center;"><i>Thanksgiving Break No School</i></p> | <p>27</p> <p style="text-align: center;"><i>Thanksgiving Break No School</i></p> |

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