



La Paloma Academy October Breakfast Menu South Campus

Monday	Tuesday	Wednesday	Thursday	Friday
5 Egg, Cheese, and Chorizo Burrito or Apple Jacks with a Cheese Stick 100% Grape Juice	6 Bagel with Cream Cheese or Cinnamon Pop-Tart with Cheese and Red Delicious Apple	7 Maple French Toast or Glazed Mini Donuts with a Cheese Stick and Mixed Fruit Bowl	8 Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	9 Breakfast Pizza or Yogurt and Crackers 100% Orange Juice
12 Fall Break	13 Fall Break	14 Fall Break	15 Fall Break	16 Fall Break
19 Egg and Cheese Omelet or Cinnamon Toast Cereal 100% Grape Juice	20 Pancake Sausage Sandwich or French Toast Benefit Bar and Red Delicious Apple	21 Mini Blueberry Waffles or Scooby Doo Graham Sticks served with Cheese Stick and Applesauce	22 Egg & Cheese Wrap or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	23 Breakfast Pizza or Yogurt and Crackers 100% Orange Juice
26 Egg, Cheese, and Chorizo Burrito or Little Wheat Bite Cereal with a Cheese Stick 100% Grape Juice	27 Cinnamon Raisin Bagel w/Cream Cheese or Chocolate Pop-Tart with Cheese and Red Delicious Apple	28 Maple French Toast or Glazed Mini Donuts with a Cheese Stick and Mixed Fruit Bowl	29 Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	30 Breakfast Pizza or Yogurt and Crackers 100% Orange Juice



Choice of fat-free or 1% white milk is available for breakfast. Raisins or Cranraisins are also available.
Choice of fat-free or 1% white milk and fat-free chocolate milk is available for lunch.



Menu is subject to change without notice.

All Students eligible for free meals for the 2020 - 2021 School Year

Parents are required to fill out the FREE and REDUCED Application that are available at the Front Desk.

“This institution is an equal opportunity provider.”



La Paloma Academy October Lunch Menu South Campus

Monday	Tuesday	Wednesday	Thursday	Friday
5 CHOOSE ONE ENTREE Bacon Cheeseburger Chicken Drumstick with Roll *SIDES Barbecue Beans Peaches	6 CHOOSE ONE ENTREE Chicken & Cheese Burrito Chicken Fajitas with Torilla *SIDES Fiesta Corn Red Delicious Apple	7 CHOOSE ONE ENTREE Turkey Corn Dog Deli Sub Sandwich *SIDES Mixed Vegetables Mixed Fruit	8 CHOOSE ONE ENTREE Chicken & Waffle Sea Shape Fish Nuggets with Biscuit *SIDES Sweet Potato Tots Fresh Grapes	9 Half Day No Lunch No After School
12 Fall Break	13 Fall Break	14 Fall Break	15 Fall Break	16 Fall Break
19 CHOOSE ONE ENTREE Hamburger Crispy Drumstick *SIDES Barbecue Beans Peaches	20 CHOOSE ONE ENTREE Nachos w/Cheese Chicken Quesadilla *SIDES Refried Beans Fresh Banana	21 CHOOSE ONE ENTREE Chicken Salad Croissant Mini Corn Dogs *SIDES Green Beans Mixed Fruit	22 CHOOSE ONE ENTREE Chicken Strips Deli Sub Sandwich *SIDES Honey Carrots Orange Slices	23 CHOOSE ONE ENTREE Cheese Pizza Cheese Ravioli with Garlic Bread *SIDES Garden Salad with Dressing Applesauce
26 CHOOSE ONE ENTREE Sloppy Joes Ball Park Frank *SIDES Smile Potatoes Peaches	27 CHOOSE ONE ENTREE Chicken Fajitas with Torilla Cheese Enchilada with Green Chile Sauce *SIDES Fiesta Corn Red Delicious Apple	28 CHOOSE ONE ENTREE Deli Sub Sandwich Sea Shape Fish Nuggets with Biscuit *SIDES Mixed Vegetables Mixed Fruit	29 CHOOSE ONE ENTREE Brunch for Lunch Pancake & Bacon Grilled Cheese Sandwich *SIDES Sweet Potato Fries Fresh Grapes	30 CHOOSE ONE ENTREE Pepperoni Pizza on Whole-Grain Crust Pepperoni Calzone w/Marinara Cup *SIDES Steamed Broccoli Diced Pears



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