La Paloma Academy South Campus



NOVEMBER MENU

1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
·	·	·	·	1
	VactorStock*	Vindan over 1980 7	Fruits Crains Vegetables Protein	Breakfast Sandwich Apple Grins Strawberry Go-Gurt Chicken Tortilla Soup Cheese Quesadilla Refried Beans Fresh Fruit Mix
4	5	6	7	8
Confetti Pancakes	Sausage Bagels	Cinnamon Oatmeal	Blueberry Waffles	Chorizo Burrito
Fruit Cocktail	Sliced Strawberries	Apple Slices	Golden Bananas	Fresh Fruit Mix
Scrambled Eggs	Peach Yogurt		Crispy Bacon	Hash Brown Patties
Chili Pie Walking Taco	Baked Chicken / Roll	Suusuge 2	Chicken Fajita Stir Fry	Stuffed Crust Cheese
Breakfast 4 Lunch!	Mac & Cheese w/Roll	Cheesy Beef Burger	Sloppy Joes	Or Pepperoni Pizza
Baked Potato Wedges	BBQ Baked Beans	Mixed Vegetables	Steamed Carrots	Mixed Salad Greens
Cinnamon Applesauce	Sweet Orange Slices	Sliced Pears	Melon Medley	Fresh Grapes
11	12	13	14	15
\	French Toast Sticks	Breakfast Pizza	Baked Cinnamon Rolls	Breakfast Sandwich
	Fresh Fruit Mix	Sliced Strawberries	Sliced Pears	Cinnamon Apples
Thank You	Sausage Links	Vanilla Yogurt	Scrambled Eggs	Potato Baby Cakes
	Meatballs w/Cheese Bread		Beef Stroganoff / Roll	Chili Bowl / Cornbread
	Soft Pretzel / Cheese	Mini Corn Dogs	Hot Ham/Cheese Bun	Diced BBQ Chicken/Roll
Notes and	Mixed Vegetables	Broccoli Bites	Roasted Corn	Steamed Carrots
Veterans	Sweet Orange Slices	Gala Apple Slices	Fresh Grapes	Melon Medley
18	19	20	21	22
Breakfast Burrito	Fruit Loop Waffles	Blueberry Oatmeal	Pancake Sandwich	Egg & Cheese Flatbread
Fresh Fruit Mix	Melon Medley	Golden Bananas	Sliced Pears	Fresh Fruit Mix
Strawberry Yogurt	Crispy Bacon	Sausage Links	Hash Brown Patties	Peach Yogurt
Chicken Nuggets /Roll	Teriyaki Dippers / Rice	Regular or Spicy 🎎	Crispy Clucker	Stuffed Crust Cheese
Chili Cheese Dog	Homemade Grilled Cheese	Beef Taco Stick	Big Cheese Ravioli	Or Pepperoni Pizza
Roasted Corn	Steamed Broccoli	Refried Beans	Mixed Vegetables	Mixed Salad Greens
Sliced Peaches	Sweet Orange Slices	Cinnamon Applesauce	Melon Medley	Fresh Grapes
25	26	27	28	29
Mini Cinnis	Mini Donuts		(A) 6 10	
Sweet Orange Slices	100% Fruit Juice			ULIC
Potato Baby Cakes	String Cheese			
	Thanksgiving Feast!		7 31 17	tiil
Bosco Pepperoni Stick		1-1	TEA ALZ	
Baby Carrots / Ranch				
Strawberry Fruit Cup	**			

Free Breakfast and Lunch for all students!









La Paloma Academy **November Snack Menu** Friday Monday Tuesday Wednesday **Thursday** Rainbow Goldfish Crackers 100 % Fruit Juice WG Rice WG Cheddar WG Chocolate **Chex Mix** 6 WG Heartzel Krispie Sun Chips Chip Oatmeal **Pretzels** Treat **Apple Slices** Bar 100 % Fruit Juice 100 % Fruit Juice **Cherry Craisins** 100 % Fruit Juice 100 % Fruit Juice Cheez-Its **WG Graham WG Nacho** WG Baked Crackers & Cheese Cheetos Fresh Fruit Variety String Cheese **Doritos** No School Today **Strawberry Raisins** 100 % Fruit Juice 100 % Fruit Juice 100 % Fruit Juice Chex Mix Cheddar WG Chocolate WG Heartzel **WG Rice** 22 18 20 **Oatmeal Bar Pretzels** Goldfish Krispie **Apple Slices** Crackers Treat **Cherry Craisins** 100 % Fruit Juice 100 % Fruit Juice 100 % Fruit Juice 100 % Fruit Juice WG Nacho WG Baked 25 26 Cheetos Cheese Doritos No School Today No School Today No School Today 100 % Fruit Juice 100 % Fruit Juice

