La Paloma Academy South

Campus

September Menu

1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Fruits Grains Vegetables Protein | | e Breakfast o h for all stud | | |
| 1 | 2 | 3 | 4 | 5 |
| HAPPY A * * * * * DAY | Cinnamon Rolls Red Apple Slices Hash Brown Patties Chicken Tenders / Roll Breakfast 4 Lunch! Tater Smiles Mixed Fruit | Biscuits / Gravy Sliced Pears Sausage Links Backyard Grill Burger Baby Carrots / Ranch Fresh Grapes | Blueberry Oatmeal Golden Bananas Scrambled Eggs Rotini & Meat Sauce Grilled Cheese Broccoli Bites Sweet Orange Slices | Breakfast Sandwich Cinnamon Applesauce Vanilla Yogurt Chicken Posole Deli Sub Sandwich Refried Beans Watermelon Slices |
| 8 | 9 | 10 | 11 | 12 |
| Breakfast Bites Mixed Fruit Crispy Bacon Walking Taco Mesquite Chicken/Roll Mexicali Corn | Breakfast Burrito Sliced Pears Strawberry Yogurt Beef Teriyaki Bowl Cheesy Calzone Steamed Broccoli | Apple Frudel Fuzzy Peaches Sausage Links Regular or Spicy Boneless Wings / Roll Baby Carrots / Ranch | Sausage Bagels Fresh Grapes Potato Baby Cakes Beef Taco Crisp Up's Hot Diggity Dog BBQ Baked Beans | Mini Donuts Sliced Strawberries Scrambled Eggs Cheese Or Pepperoni Pizza Mixed Salad Greens |
| Sweet Orange Slices | Fresh Grapes | Berry Kiwi Sidekick | Cinnamon Apple Slices | Melon Medley |
| 15 | 16 | 17 | 18 | 19 |
| Super Pumpkin Bread Fresh Fruit Variety Cheese Cubes Beefy Nacho Supreme Baked Mozzarella Curly Q Potatoes Sliced Peaches | Homestyle Waffles Golden Apple Slices Sausage Links Mandarin Chicken Bowl French Bread Pizza Broccoli Bites Sweet Orange Slices | Apple Cinnamon Oatmeal Golden Bananas Hash Brown Patties Regular or Spicy Beef Taco Stick Baby Carrots / Ranch Fresh Grapes | Strawberry Bagel Bar Purple Plums Crispy Bacon Sloppy Joe Porky Mac & Cheese BBQ Baked Beans Sliced Watermelons | Egg / Cheese Flatbread Nectarines Strawberry Go-Gurt Crispy Fish Tacos Buffalo Chicken Wrap Zesty Green Beans Sweet & Sour Apples |
| 22 | 23 | 24 | 25 | 26 |
| Mini Caramel Cinnis Red Apple Slices Sausage Links Baked Chicken Drum | French Toast Sticks Diced Pears Potato Baby Cakes Beef Quesadilla | Double Chocolate Muffin Fuzzy Peaches Crispy Bacon | Chicken Waffle Sandwich Sliced Strawberries Peach Yogurt Chicken Alfredo | Mini Donuts Purple Plums Scrambled Eggs Cheese Or |
| Bosco Pepperoni Stick | Crispy Clucker | Chicken Poppers / Roll | Italian Meatball Sub | Pepperoni Pizza |
| Roasted Corn Fruit Cocktail | Refried Beans Mixed Berries | Babv Carrots / Ranch Sour Cherry Sidekick | Steamed Broccoli Sweet Orange Slices | Mixed Salad Greens Melon Medley |
| 29 | 30 | | | |
| Blueberry Pancakes Mixed Fruit Cheese Cubes Mozzarella Dunkers Mini Corn Dogs Baked Potato Wedges | Vanilla Yogurt Chicken Eggroll / Rice Crispy Cheese Taquitos Broccoli Bites | Friendly Reminder - La Paloma Academy South will be providing HOT Breakfast in the cafeteria daily! | | |
| Cinnamon Apple Slices | Fresh Grapes | | | |





La Paloma Academy



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|-------------------------|------------------------------|----------------------------|--------------------------|---------------------------|
| | NO SCHOOL | WG Cinnamon Roll Crackers | Chex Mix 3 | WG White Nacho Cheese | WG Chocolate Chip Oatmeal |
| | TODAY | | Apple Slices & | Doritos | Bar & |
| | | 100 % Fruit Juice | Orange Craisins | 100 % Fruit Juice | String Cheese |
| | WG Graham 8 | WG Scooby – 9 | Cheez – Its 10 | WG Maple | WG Rice 12 |
| | Crackers | Doo Crackers | | Waffle Crackers | Krispie |
| | & String Cheese | | Fresh Fruit & | | Treat |
| | | 100 % Fruit Juice | Lemonade Craisins | 100 % Fruit Juice | Cheese Cubes |
| | Rainbow 15 | WG White 16 | Chex Mix 17 | WG Cheddar 18 | WG Double 19 |
| | Goldfish | Cheddar | | Sun chips | Chocolate Oatmeal |
| | Crackers | Popcorn | Apple Slices | | Bar |
| | & String cheese | 100 % Fruit Juice | & Strawberry Craisins | 100 % Fruit Juice | String Cheese |
| | WG Graham 22 | WG Cinnamon 23 | Cheez – Its 24 | Goldfish Pretzel 25 | WG Rice 26 |
| | Crackers | Roll Crackers | _ | Crackers | Krispie |
| | & | | Fresh Fruit | | Treat |
| | String Cheese | 100 % Fruit Juice | & Watermelon Craisins 🛕 | 100 % Fruit Juice | Cheese Cubes |
| ~ | | | watermeion Craisins | 100 % Fruit Juice | Cheese Cubes |
| | WG White 29 | WG White 30 | À 1 | | • |
| 4 | Nacho Cheese Doritos | Cheddar Popcorn | | + | |
| | Dontos | горсот | | | ÷ |
| | 100 % Fruit Juice | Cheese Cubes | | Little | |

