

La Paloma Academy South Campus JANUARY MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
5 Fudge Pop-Tart Sliced Peaches Strawberry Go-Gurt Breakfast 4 Lunch! Chicken Tenders / Roll Emoji Potatoes Fresh Fruit Variety	6 Egg/Cheese Flatbread Fuzzy Kiwi Potato Baby Cakes Chicken Eggroll / Rice Hot Diggity Dog Crinkle Cut Zucchini Sweet Orange Slices	7 Blueberry Pancakes Fresh Fruit Mix Hash Brown Patties Backyard Grill Burger Baby Carrots / Ranch Applesauce Cup	8 Breakfast Sandwich Golden Bananas Peach Yogurt Chicken Posole / Chips Deli Sub Sandwich Fiesta Beans Cinnamon Applesauce	9 Cinnamon Rolls Melon Medley Crispy Bacon Stuffed-Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Sliced Strawberries
12 Mini Donuts Applesauce String Cheese Boneless Wings / Roll Bean & Cheese Burrito Roasted Corn Fresh Grapes	13 French Toast Sticks Fresh Fruit Mix Potato Baby Cakes Mesquite Chicken / Roll Crunchy Beef Tacos Carrot Coins Gala Apple Slices	14 Blueberry Muffin Top Golden Bananas Cheesy Scrambled Eggs Regular or Spicy Beef Taco Stick Celery Sticks/Ranch Sweet Orange Slices	15 Breakfast Burrito Sliced Pears Strawberry Yogurt Spaghetti & Meat Sauce Grilled Cheese Steamed Broccoli Sliced Peaches	16 Biscuits / Gravy Cinnamon Apples Sausage Patties Filet O'Fish Sandwich Chili Bowl / Cornbread BBQ Baked Beans Melon Medley
19 	20 Caramel Mini Cinnis Fresh Fruit Mix Vanilla Yogurt Beef Nacho Supreme Baked Mozzarella Cali Blend Veggies Applesauce	21 Sausage Bagel Fuzzy Kiwi Hash Brown Patties Regular or Spicy Chicken Sandwich Baby Carrots / Ranch Sliced Pears	22 Cinnamon Pancakes Sliced Pears Scrambled Eggs Mandarin Chicken Deli Sub Sandwich Broccoli Bites Sliced Strawberries	23 Breakfast Bites Apple Slices Sausage Patties Stuffed-Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Sweet Orange Slices
26 Apple Frudel Diced Peaches String Cheese Chili Cheese Frito Bowl Bosco Pepperoni Stick Baked Potato Wedges Golden Bananas	27 Pancake Bites Fresh Grapes Sausage Links Cheese Taquitos Meatballs & Mash Taters Steamed Broccoli Gala Apple Slices	28 Double Coco Muffin Mixed Fresh Fruit Cheesy Scrambled Eggs Chicken Poppers / Roll Vegetable Medley Sweet Orange Slices	29 Breakfast Sandwich Sliced Strawberries Vanilla Yogurt Baked Chicken / Roll Macaroni & Cheese / Roll BBQ Baked Beans Fresh Grapes	30 Cinnamon Rolls Fuzzy Kiwi Crispy Bacon Chicken Quesadilla Crispy Fish Sticks / Roll Sweet Potato Fries Melon Medley

**Free Breakfast and
Lunch for all
students!**

**Friendly Reminder - La Paloma Academy will
be providing HOT breakfast in the cafeteria
daily!**

Meals are FREE for all students - no need to complete a meal application!
USDA is an Equal Opportunity Provider, Employer and Lender

La Paloma Academy

JANUARY SNACK MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Rainbow
Goldfish
Crackers
&
Cheese Cubes

5

WG Cinnamon
Crisp
Crackers

100 % Fruit Juice

6

Cheez – Its

Fresh Fruit
&
Lemonade Craisins

7

WG White
Cheddar
Popcorn

100 % Fruit Juice

8

WG Rice
Krispie
Treat

Cheese Cubes

9

WG White
Nacho Cheese
Doritos

100 % Fruit Juice

12

WG Cheddar
Sun Chips

100 % Fruit Juice

13

Chex Mix

Apple Slices
&
Orange Craisins

14

WG Bunny Friends
Grahams
& String Cheese

15

WG Fudge
Pop-Tart
&
100 % Fruit Juice

16

NO SCHOOL
Today

19

Pretzel
Goldfish
Crackers
&
100 % Fruit Juice

20

Cheez – Its

Fresh Fruit
&
Watermelon Craisins

21

WG
Vanilla Chat Snacks
Grahams
&
Cheese Cubes

22

WG Chocolate
Chip Oatmeal
Bar
&
100 % Fruit Juice

23

Cheddar Blast
Goldfish
Crackers
&
100 % Fruit Juice

26

WG Bunny Friends
Grahams
& String Cheese

27

Chex Mix

Apple Slices
&
Strawberry Craisins

28

WG White
Cheddar
Popcorn

100 % Fruit Juice

29

WG Rice
Krispie
Treat

Cheese Cubes

30