



La Paloma Academy - Lakeside Campus

January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7-Jan	8-Jan	9-Jan	10-Jan	11-Jan
Yogurt & Crackers or Lucky Charms with a Cheese Stick 100% Grape Juice	Whole-Wheat Pan Dulce served with a Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and an Apple	Maple French Toast or Fruity Cheerio with a Cheese Stick and Applesauce	Pancake Wrapped with Sausage on a Stick or Bug Bites Graham Cracker served with a Cheese Stick and Fresh Grapes	Blueberry Mini Pancakes or Trix with a Cheese Stick 100% Orange Juice
14-Jan	15-Jan	16-Jan	17-Jan	18-Jan
Yogurt & Crackers or Cocoa Puffs with a Cheese Stick 100% Grape Juice	Mini Strawberry Bagel with a Cheddar Cheese Stick or Whole-Grain Cinnamon Pop-Tart served with a Cheese Stick and an Apple	Maple French Toast or Apple Jacks with a Cheese Stick and Mixed Fruit Bowl	Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice
21-Jan	22-Jan	23-Jan	24-Jan	25-Jan
Martin Luther King, Jr. Day No School	Whole-Wheat Pan Dulce served with a Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and an Apple	Maple French Toast or Fruity Cheerio with a Cheese Stick and Applesauce	Pancake Wrapped with Sausage on a Stick or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	Blueberry Mini Pancakes or Trix with a Cheese Stick 100% Orange Juice
28-Jan	29-Jan	30-Jan	31-Jan	1-Feb
Yogurt & Crackers or Little Wheat Bite Cereal with a Cheese Stick 100% Grape Juice	Whole-Grain Bagel w/Cream Cheese or Whole-Grain Cinnamon Pop-Tart served with a Cheese Stick and an Apple	Maple French Toast or Trix with a Cheese Stick and a Mixed Fruit Bowl	Pancake Wrapped with Sausage on a Stick or Chocolate Chip Muffin served with Cheese Stick and Fresh Grapes	Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice

Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Make payments to your child's lunch account at www.MySchoolBucks.com

Applications for FREE and REDUCED lunches are available at the front desk.





La Paloma Academy - Lakeside Campus January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
7-Jan	8-Jan	9-Jan	10-Jan	11-Jan
Chicken Pattie Sandwich Smile Potatoes Chilled Diced Peaches Milk	Sweet and Sour Chicken with Rice Steamed Broccoli Florets Diced Pears Milk	Bean & Cheese Chalupa Carrot Sticks Mixed Fruit Milk Salsa	Chicken Strips Ranchero Beans Orange Slices Whole-Grain Biscuit Milk	Pepperoni Pizza on a Whole-Grain crust Mixed Vegetables Applesauce Milk
14-Jan	15-Jan	16-Jan	17-Jan	18-Jan
BBQ Chicken Sandwich Sweet Potato Fries Chilled Diced Peaches Milk	Blueberry Mini Pancakes Sausage Patty Smile Potatoes Apple Milk	Whole-Grain Grilled Cheese Sandwich Green Beans Mixed Fruit Milk	Beef Taco Bowl Refried Beans Fresh Grapes Salsa Milk	Lasagna Garden Salad with Dressing Diced Pears Wheat Breadstick Milk
21-Jan	22-Jan	23-Jan	24-Jan	25-Jan
Martin Luther King, Jr. Day No School	Crispy Drumstick Whipped Potatoes Banana Whole-Grain Biscuit Milk	Chicken Taco Bowl Refried Beans Mixed Fruit Milk Salsa	Chicken Nuggets Whole-Grain Sweet Potato Tots Diced Pears Milk	Pepperoni Pizza on a Whole-Grain crust Green Beans Applesauce Milk
28-Jan	29-Jan	30-Jan	31-Jan	1-Feb
Sloppy Joes Whipped Potatoes Chilled Diced Peaches Milk	Cheese Enchilada with Green Chile Sauce Carrot Sticks Fresh Grapes Milk	Lit'l Smokies Ranchero Beans Mixed Fruit Whole-Grain Tortilla Milk	Stuffed Meatloaf with Sauce Green Beans Apple Whole-Grain Biscuit Milk	Whole-Grain Spaghetti with Meatsauce Garden Salad with Dressing Diced Pears Wheat Breadstick Milk

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