



La Paloma Academy - Central Campus

January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/8/18	1/9/18	1/10/18	1/11/18	1/12/18
Select 2 items: Cheerios Cereal Apple Nutri-Grain Milk and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese Scooby Doo Graham Sticks Milk and Applesauce Cups	Select 2 items: Mini Wheats Cereal Whole-Grain Cinnamon Poptart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice
1/15/18	1/16/18	1/17/18	1/18/18	1/19/18
Martin Luther King Day No School	Select 2 items: Mini Cinnamon Bagel Bugs Bites GrahamCracker Milk and Sliced Apples	Select 2 items: Cinnamon Toast Cereal Whole-Grain Strawberry Poptart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Cinnamon Bun String Cheese Stick Milk and Very Strawberry Applesauce	Select 2 items: Whole-Grain Banana Muffin Go-Gurt Milk and 100% Orange Juice
1/22/18	1/23/18	1/24/18	1/25/18	1/26/18
Select 2 items: Froot Loop Cereal Strawberry Nutri-Grain Milk and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese French Toast Crackers Milk and Applesauce Cups	Select 2 items: Lucky Charms Cereal Whole-Grain Cinnamon Poptart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice
1/29/18	1/30/18	1/31/18	2/1/18	2/2/18
Select 2 items: Cocoa Puffs Cereal Apple Frudel Milk and 100% Grape Juice	Select 2 items: Mini Cinnamon Bagel Bug Bites Graham Cracker Milk and Sliced Apples	Select 2 items: Apple Jacks Cereal Whole-Grain Strawberry Poptart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Cinnamon Bun String Cheese Stick Milk and Very Strawberry Applesauce	Select 2 items: Whole-Grain Chocolate Chip Muffin Go-Gurt Milk and 100% Orange Juice



Choice of Fat-Free or 1% White Milk available for breakfast.
 Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Make payments to your child's lunch account at Whole-Wheatw.MySchoolBucks.com

Applications for FREE and REDUCED lunches are available at the front desk.





La Paloma Academy

January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/8/18	1/9/18	1/10/18	1/11/18	1/12/18
Whole-Grain Grilled Cheese Sandwich Sweet Potato Fries Chilled Diced Peaches Milk	Blueberry Mini Pancakes Sausage Patty Smile Potatoes Apple Milk	BBQ Chicken Sandwich Green Beans Mixed Fruit Milk	Beef Taco Bowl Refried Beans Fresh Grapes Salsa Milk	Pretzel and Cheese Garden Salad with Italian Dressing Diced Pears Milk
1/15/18	1/16/18	1/17/18	1/18/18	1/19/18
Martin Luther King Day No School	Whole-Grain Chicken Nuggets Whipped Potatoes Banana Whole-Grain Biscuit Milk	Mini Chicken Tacos Refried Beans Mixed Fruit Milk Salsa	Orange Chicken with Rice Steamed Broccoli Florets Mandarin Oranges Milk	Pepperoni Pizza on Whole-Grain crust Green Beans Applesauce Milk
1/22/18	1/23/18	1/24/18	1/25/18	1/26/18
Hamburger Whipped Potatoes Chilled Diced Peaches Milk	Grilled Chicken Breast Green Beans Apple Whole-Grain Biscuit Milk	Lit'l Smokies Ranchero Beans Mixed Fruit Whole-Grain Tortilla Milk	Chicken Fajitas with Rice Carrot Sticks Fresh Grapes Whole-Grain Tortilla Milk	Lasagna Garden Salad with Italian Dressing Diced Pears Wheat Breadstick Milk
1/29/18	1/30/18	1/31/18	2/1/18	2/2/18
Cheeseburger Smile Potatoes Chilled Diced Peaches Milk	Turkey-Cheese Deli Sub Sweet Potato Fries Banana Milk	Beef Taco Bowl Celery Sticks Mixed Fruit Salsa Milk	Whole-Grain Turkey Corn Dog Barbecue Beans Orange Slices Milk	Cheese Stick with Marinara Garden Salad with Italian Dressing Applesauce Milk



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