



LA PALOMA ACADEMY

Meal Prices SY 23-24

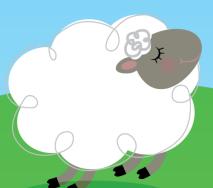
Paid Students: \$2.85

Reduced Students: \$0.00

Breakfast is FREE for all Students!

To Apply for FREE or REDUCED Meals Please Visit -

WWW.MyschoolApps.com



For questions regarding the online application process contact Amanda Herd at 623-466-3068 or Amandam.Herd@gmail.com

This Institution Is an Equal Opportunity Provider



La Paioma Academy

Central Campus JANUARY MENU





1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

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Monday	Tuesday	Wednesday	Thursday	Friday	
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<u></u> 8	9	10	11	12	
Fudge Pop-Tart	Breakfast Burrito	Pancake Sandwich	Breakfast Pizza	Mini Donuts	
100% Fruit Juice	Fresh Grapes	Apple Sauce	Fuzzy Kiwi	Sweet & Sour Apples	
Cheese Cubes	Potato Baby Cakes	Scrambled Eggs	Peach Yogurt	Sausage Links	
Stuffed Crust Cheese	BBQ Pulled Pork	-	Spaghetti & Meat Sauce	Chicken Posole	
Or Pepperoni Pizza	Soft Taco Tuesday!	Bosco Pepperoni Stick	BBQ Chicken /Roll	Hot Ham & Cheese Bun	
Baby Baker Taters	Steamed Broccoli	Garlic Green Beans	Sweet Potato Fries	Refried Beans	
Sliced Peaches	Golden Bananas	Sweet Orange Slices	Gala Apple Slices	Mango Chunks	
15	16 " ^η ""	17	18	19	
MARTIN LUTHER VINC IR	Strawberry Bagel Bar Fresh Grapes String Cheese	Biscuits & Gravy Fresh Fruit Variety Crispy Bacon	Mini Pancakes Melon Medley Scrambled Eggs	Breakfast Bites Rainbow Gala Apple Hash Brown Patty	
DAV	Chicken Nuggets / Roll	Regular or Spicy	Sloppy Joes	Pulled Pork Tostadas	
一京	Breakfast 4 Lunch!	Beef Taco Stick	Chicken Noodle Soup	Filet O Fish Sandwich	
	Crispy Tater Tots	Broccoli Bites 🕜	Carrot Sticks & Ranch	Fiesta Bean Medley 🕿	
	Sweet Orange Slices	Sliced Peaches	Golden Bananas	Sweet Strawberries 💛	
22	23	24	25	26	
Strawberry Pop-Tart	Breakfast Pizza	Chicken & Waffles	Apple Frudel	French Toast Sticks	
100% Fruit Juice Cheese Cubes	Fresh Grapes	Apple Sauce	Fuzzy Kiwi	Red Delicious Apple	
Stuffed Crust Cheese	Vanilla Yogurt Mandarin Chicken	Potato Baby Cakes	Sausage Links Baked Chicken / Roll	Crispy Bacon Chicken Quesadilla	
Or Pepperoni Pizza	Hot Diggity Dog	Soft Pretzel & Cheese	Meatball Sub	Chili Bowl & Cornbread	
Baked Potato	Steamed Broccoli	Zesty Green Beans	BBO Baked Beans	Sweet Potato Fries	
Mixed Fruit	Golden Bananas	Sweet Orange Slices	Cinnamon Apple	Fresh Grapes	
29	30	31	FF		
Golden Grahams Bar	Breakfast Burrito	Egg & Bacon Flatbread			
100% Fruit Juice	Fresh Grapes	Fresh Fruit Variety			
String Cheese	Hash Brown Patty	Peach Yogurt	Paid Lunch Price - \$2.85		
Mini Corn Dog	Beefy Nacho Supreme	Regular or Spicy	Reduced Price Lunch - NO CHARGE!		
Baked Mozzarella	Cheesy Beef Burger	Boneless Wings / Roll	Breakfast is	FREE for all!	
Curly Q Potatoes	Garlic Green Beans	Broccoli Bites			
Diced Pears	Gala Apple Slices	Sliced Peaches			
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January Food Traditions Celebrated Around The World

<u>German</u> - Pork and Sauerkraut are eaten on New Years Day to bring good luck in the New Year.

<u>Japanese-</u> Soba Noodles, or Toshiko Shi soba are eaten New Year's eve to welcome the New Year.

<u>Southern American</u> - Hoppin' John, is a dish comprised of black eyed peas, pork, rice and greens.

<u>Spanish</u> - 12 grapes are eaten at the stroke of midnight on New Year's Eve, one for each month of the year.

<u>Mexican</u> - Tamales are stuffed with meat, cheese, and masa, wrapped in a banana leaf or corn husk.





La Paloma Academy JANUARY SNACK MENU

•	Monday	Tuesday	Wednesday	Thursday	Friday
•	No School Today	No School Today	No School Today	No School Today	No School Today
•	Pretzel Goldfish Crackers	WG Graham Crackers & String Cheese	Chex Mix 10 Apple Slices	WG Baked Hot Cheetos	WG Cherry Apple Crunch
	100 % Fruit Juice	100 % Fruit Juice	Cherry Craisins	100 % Fruit Juice	100 % Fruit Juice
	No School Today	WG White Cheddar Popcorn	Cheez-Its Apple Slices	Rainbow Goldfish Crackers	WG Rice Krispie Treat
		100 % Fruit Juice	Cherry Craisins	100 % Fruit Juice	100 % Fruit Juice
	WG Nacho Cheese Doritos	Baked BBQ Crisps	Chex Mix 24 Apple Slices	Pretzel Goldfish Crackers	WG Cherry Apple Crunch
	100 % Fruit Juice	100 % Fruit Juice	Cherry Craisins	100 % Fruit Juice	100 % Fruit Juice
	WG Honey Bun Crackers	WG Baked Hot Cheetos	Cheez-Its 31 Apple Slices		
	100 % Fruit Juice	100 % Fruit Juice	Cherry Craisins		