## La Paloma Academy Central Campus

## September Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday	
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Fruits Crains  Vegetables  Protein  VectorStock  VectorStock  VectorStock					
2	3	4	5	6	
LABOR Day	Strawberry Pop-Tart Sliced Pears Cheese Cubes Chicken Corn Dog Breakfast 4 Lunch! Tater Smiles Sweet Orange Slices	Breakfast Burrito Mixed Fruit Crispy Hash Browns Regular or Spicy Beef Taco Stick Garlic Green Beans Cinnamon Applesauce	Sausage Bagels Sliced Strawberries Peach Yogurt BBQ Pork Sandwich Big Cheese Ravioli Steamed Carrots Fresh Grapes	Double Chocolate Muffin Apple Grins Scrambled Eggs Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley	
9	10	11	12	13	
Cinnamon UBR Sliced Peaches Potato Baby Cakes	Apple Frudel Red Apple Slices Crispy Bacon Slices	Egg & Cheese Flatbread Cinnamon Applesauce Strawberry Yogurt	Baked Cinnamon Rolls Fuzzy Kiwi String Cheese	Mini Donuts Tangy Nectarines Sausage Links	
Chili Cheese Nachos	Chicken Eggroll / Rice		Sloppy Joes	Chicken Posole	
Baked Mozzarella	BBQ Chicken / Roll	Cheesy Beef Burger	Cheese Enchiladas	Deli Sub Sandwich	
Steamed Broccoli	Zesty Green Beans	Baby Carrots / Ranch	Mexicali Corn	Refried Beans	
Diced Pears	Golden Bananas	Fresh Grapes	Melon Medley	Sweet Orange Slices	
16	17	18	19	20	
Fudge Pop-Tart Mixed Fruit	Pancake Sandwich	Breakfast Pizza	Mini Cinni's Sliced Strawberries	Breakfast Burrito	
Scrambled Eggs	Fresh Grapes Vanilla Yogurt	Purple Plums Crispy Hash Browns	Crispy Bacon Slices	Apple Grins Strawberry Go-Gurt	
Walking Taco	Mandarin Chicken Bowl	Regular or Spicy	Spaghetti/ Meat Sauce	Cheese Or	
Breakfast for Lunch!	Grilled Cheese	Boneless Wings	Teriyaki Burger	Pepperoni Pizza	
Baked Potato Wedges	Broccoli Bites	Baby Carrots / Ranch	BBQ Baked Beans	Mixed Salad Greens	
Sliced Peaches	Sweet Orange Slices	Cinnamon Applesauce	Fresh Grapes	Melon Medley	
23	24	25	26	27	
Cinnamon Toast Bar	Homestyle Pancakes	Egg & Cheese Flatbread	French Toast Sticks	Mini Donuts	
Diced Pears	Green Apple Slices	Applesauce	Fuzzy Kiwi	Golden Bananas	
Potato Baby Cakes	Crispy Bacon Slices	Peach Yogurt	Sausage Links	String Cheese	
Rib-BQ Sandwich	Porky Mac & Cheese		Chicken Chow Mein	Italian Meatball Sub	
Chicken Poppers / Roll	Baked Chicken / Roll	Bosco Pizza Stick	Crispy Clucker	Beef Soft Taco	
Baby Bakers	Garlic Green Beans	Baby Carrots / Ranch	Steamed Broccoli	Refried Beans	
Fruit Cocktail	Golden Bananas	Fresh Grapes	Sweet Orange Slices	Delicious Pears	
30					
Mixed Fruit Scrambled Eggs  Free Breakfast and					
Scrambled Eggs		_			
Beefy Nacho Supreme		unch	for all		
Beefy Nacho Supreme Soft Pretzel w/Cheese		unch	for all		
Beefy Nacho Supreme		unch stude			





## La Paloma Academy



September Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	2	WG Cinnamon Roll Crackers	Chex Mix 4	WG Graham Crackers &	Rainbow Goldfish
	No School Today		Apple Slices &	String Cheese	Crackers
		100 % Fruit Juice	Cherry Craisins	100 % Fruit Juice	100 % Fruit Juice
	WG White 9 Cheddar	WG Baked 10 Cheetos	Cheez – Its	WG Chocolate Chip Oatmeal	WG Rice Krispie
	Popcorn	Circuit	Orange Slices &	Bar	Treat
	100 % Fruit Juice	100 % Fruit Juice	Lemonade Craisins	100 % Fruit Juice	100 % Fruit Juice
F	WG Nacho Cheese	WG Graham Crackers &	Chex Mix 18	WG Cinnamon 19 Roll Crackers	WG Cheddar Sun Chips
	Doritos	String Cheese	Apple Slices &		
	100 % Fruit Juice	100 % Fruit Juice	Strawberry Craisins	100 % Fruit Juice	100 % Fruit Juice
	Pretzel 23 Goldfish	WG White 24 Cheddar	Cheez – Its 25	WG Baked Cheetos	WG Rice Krispie
	Crackers	Popcorn	Orange Slices &		Treat
	100 % Fruit Juice	100 % Fruit Juice	Watermelon Craisins	100 % Fruit Juice	100 % Fruit Juice
	WG Chocolate Chip Oatmeal Bar			+ ×	2+2 
	100 % Fruit Juice			Militar	