



La Paloma Academy November Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| 11/6/2017 | 11/7/2017 | 11/8/2017 | 11/9/2017 | 11/10/2017 |
| Yogurt & Crackers and Lucky Charms with a Cheese Stick Grape 100% Juice | Whole-Wheat Pan Dulce served with a Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and an Apple | Maple French Toast or Fruity Cheerios with a Cheese Stick and Applesauce | Pancake Wrapped with Sausage on a Stick or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes | Veteran's Day No School |
| 11/13/2017 | 11/14/2017 | 11/15/2017 | 11/16/2017 | 11/17/2017 |
| Yogurt & Crackers and Cocoa Puffs with a Cheese Stick 100% Grape Juice | Whole-Grain Bagel with Cream Cheese or Whole-Grain Cinnamon Pop-Tart served with a Cheese Stick and an Apple | Apple Churro or Apple Jacks with a Cheese Stick and Mixed Fruit Bowl | Pancake Wrapped with Sausage on a Stick or Blueberry Muffin served with Cheddar Stick and Fresh Grapes | Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice |
| 11/20/2017 | 11/21/2017 | 11/22/2017 | 11/23/2017 | 11/24/2017 |
| Yogurt & Crackers and Lucky Charms with a Cheese Stick Grape 100% Juice | Whole-Wheat Pan Dulce served with a Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and an Apple | Thanksgiving Break No School | Thanksgiving Break No School | Thanksgiving Break No School |
| 11/27/2017 | 11/28/2017 | 11/29/2017 | 11/30/2017 | 12/1/2017 |
| Yogurt & Crackers and Cocoa Puffs with a Cheese Stick 100% Grape Juice | Mini Strawberry Bagel with a Cheddar Cheese Stick or Whole-Grain Cinnamon Pop-Tart served with a Cheese Stick and an Apple | Apple Churro or Apple Jacks with a Cheese Stick and Mixed Fruit Bowl | Pancake Wrapped with Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes | Mini Maple Waffles or Little Wheat Bite Cereal with a Cheese Stick 100% Orange Juice |

Choice of Fat-Free or 1% White Milk available for breakfast.
Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.
"This institution is an equal opportunity provider."
Menus are subject to change without notice.



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| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| 11/6/2017 | 11/7/2017 | 11/8/2017 | 11/9/2017 | 11/10/2017 |
| Cheeseburger Smile Potatoes Chilled Diced Peaches Milk | Ham & Cheese Deli Sub Steamed Broccoli Banana Milk | Chicken Fajitas Whole-Grain Tortilla Refried Beans Mixed Fruit Salsa Milk | Mini Corn Dogs Sweet Potato Tots Orange Slices Milk | Veteran's Day No School |
| 11/13/2017 | 11/14/2017 | 11/15/2017 | 11/16/2017 | 11/17/2017 |
| Chicken Pattie Sandwich Steamed Broccoli Chilled Diced Peaches Milk | Maple Mini Pancakes Sausage Patty Smile Potatoes Apple Milk | Chili Hot Dog Sweet Potato Tots Mixed Fruit Milk | Beef Quesadilla Refried Beans Fresh Grapes Salsa Milk | Pretzel and Cheese Green Beans Diced Pears Milk |
| 11/20/2017 | 11/21/2017 | 11/22/2017 | 11/23/2017 | 11/24/2017 |
| Stuffed Meatloaf Whipped Potatoes Chilled Diced Peaches Milk | Thanksgiving Feast | Thanksgiving Break No School | Thanksgiving Break No School | Thanksgiving Break No School |
| 11/27/2017 | 11/28/2017 | 11/29/2017 | 11/30/2017 | 12/1/2017 |
| BBQ Chicken Sandwich Sweet Potato Fries Chilled Diced Peaches Milk | Crispy Drumstick Steamed Broccoli Florets Apple Whole-Grain Biscuit Milk | Ham & Cheese Deli Sub Green Beans Mixed Fruit Milk | Chicken Taco Bowl Refried Beans Fresh Grapes Salsa Milk | Pepperoni Pizza on a Whole-Grain Crust Garden Salad with Italian Dressing Diced Pears Milk |

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