

La Paloma Academy - Lakeside Campus

May Breakfast Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
30/2018	5/1/2018			
Yogurt & Crackers	Whole-Grain Bagel w/Cream Cheese	Maple French Toast	Pancake Wrapped	Mini Maple Waffles
and	or	or	w/Sausage on a Stick	or
Cocoa Puffs with a	Whole-Grain Cinnamon Pop-Tart	Apple Jacks with a	or	Cheerios with a
Cheese Stick	served with Cheese Stick	Cheese Stick	Apple Cinnamon Muffin	Cheese Stick
100% Grape Juice	and an	and	with Cheddar Stick	100% Orange Juice
	Apple	Mixed Fruit Bowl	and	
			Fresh Grapes	
/2018	5/8/2018	5/9/2018	5/10/2018	5/11/2018
Yogurt & Crackers	Whole-Wheat Pan Dulce	Maple French Toast	Pancake Wrapped	Blueberry Mini Pancakes
and	served w/Cheddar Stick	or	w/Sausage on a Stick	or
Lucky Charms with a	or	Fruity Cheerio with a	or	Trixs with a
Cheese Stick	Apple Strudel with a	Cheese Stick	Bugs Bites GrahamCracker	Cheese Stick
100% Grape Juice	Cheddar Cheese Stick	and	served with Cheese Stick	100% Orange Juice
	and an	Applesauce	and	
	Apple		Fresh Grapes	
4/2018	5/15/2018	5/16/2018	5/17/2018	5/18/2018
Yogurt & Crackers	Mini Strawberry Bagel	Maple French Toast	Pancake Wrapped	Mini Maple Waffles
and	w/Cheddar Cheese Stick	or	w/Sausage on a Stick	or
				a
Frosted Flakes with a	or	Little Wheat Bite Cereal	or	Cheerios with a
Frosted Flakes with a Cheese Stick	or Whole-Grain Cinnamon Pop-Tart	Little Wheat Bite Cereal with a Cheese Stick	or Blueberry Muffin served	Cheerios with a Cheese Stick
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Cheese Stick	Whole-Grain Cinnamon Pop-Tart	with a Cheese Stick	Blueberry Muffin served	Cheese Stick
Cheese Stick	Whole-Grain Cinnamon Pop-Tart served with Cheese Stick	with a Cheese Stick and	Blueberry Muffin served with Cheddar Stick	Cheese Stick
Cheese Stick 100% Grape Juice	Whole-Grain Cinnamon Pop-Tart served with Cheese Stick and an	with a Cheese Stick and	Blueberry Muffin served with Cheddar Stick and	Cheese Stick
Cheese Stick 100% Grape Juice	Whole-Grain Cinnamon Pop-Tart served with Cheese Stick and an Apple	with a Cheese Stick and Mixed Fruit Bowl	Blueberry Muffin served with Cheddar Stick and Fresh Grapes	Cheese Stick 100% Orange Juice
Cheese Stick 100% Grape Juice 1/2018	Whole-Grain Cinnamon Pop-Tart served with Cheese Stick and an Apple 5/22/2018	with a Cheese Stick and Mixed Fruit Bowl	Blueberry Muffin served with Cheddar Stick and Fresh Grapes 5/24/2018	Cheese Stick 100% Orange Juice
Cheese Stick 100% Grape Juice 1/2018 Yogurt & Crackers	Whole-Grain Cinnamon Pop-Tart served with Cheese Stick and an Apple 5/22/2018 Whole-Wheat Pan Dulce	with a Cheese Stick and Mixed Fruit Bowl 5/23/2018 Maple French Toast	Blueberry Muffin served with Cheddar Stick and Fresh Grapes 5/24/2018 Pancake Wrapped	Cheese Stick 100% Orange Juice
Cheese Stick 100% Grape Juice 1/2018 Yogurt & Crackers and	Whole-Grain Cinnamon Pop-Tart served with Cheese Stick and an Apple 5/22/2018 Whole-Wheat Pan Dulce served w/Cheddar Stick	with a Cheese Stick and Mixed Fruit Bowl 5/23/2018 Maple French Toast or	Blueberry Muffin served with Cheddar Stick and Fresh Grapes 5/24/2018 Pancake Wrapped w/Sausage on a Stick	Cheese Stick 100% Orange Juice
Cheese Stick 100% Grape Juice 1/2018 Yogurt & Crackers and Cocoa Puffs with a	Whole-Grain Cinnamon Pop-Tart served with Cheese Stick and an Apple 5/22/2018 Whole-Wheat Pan Dulce served w/Cheddar Stick or	with a Cheese Stick and Mixed Fruit Bowl 5/23/2018 Maple French Toast or Fruity Cheerio with a	Blueberry Muffin served with Cheddar Stick and Fresh Grapes 5/24/2018 Pancake Wrapped w/Sausage on a Stick or	Cheese Stick 100% Orange Juice
Cheese Stick 100% Grape Juice 1/2018 Yogurt & Crackers and Cocoa Puffs with a Cheese Stick	Whole-Grain Cinnamon Pop-Tart served with Cheese Stick and an Apple 5/22/2018 Whole-Wheat Pan Dulce served w/Cheddar Stick or Apple Strudel with a	with a Cheese Stick and Mixed Fruit Bowl 5/23/2018 Maple French Toast or Fruity Cheerio with a Cheese Stick	Blueberry Muffin served with Cheddar Stick and Fresh Grapes 5/24/2018 Pancake Wrapped w/Sausage on a Stick or Bug Bites Graham Cracker	Cheese Stick 100% Orange Juice

Choice of Fat-Free or 1% White Milk available for breakfast.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.



Make payments to your child's lunch account at Whole-Wheatw.MySchoolBucks.com



La Paloma Academy

May Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4/30/2018	5/1/2018			
BBQ Chicken Sandwich	Turkey-Cheese Deli Sub	Turkey Taco Bowl	Whole-Grain Turkey Corn Dog	Whole-Grain Spaghetti w/Meatsauce
Smile Potatoes	Sweet Potato Fries	Celery Sticks	Barbecue Beans	Garden Salad with Italian Dressing
Chilled Diced Peaches	Banana	Mixed Fruit	Orange Slices	Applesauce
Milk	Milk	Salsa	Milk	Wheat Breadstick
WIIK	WIIK	Milk	WIIK	Milk
		IVIIIK		
5/7/2018	5/8/2018	5/9/2018	5/10/2018	5/11/2018
Hamburger	BBQ Chicken Drumstick	Hot Diggity Dog	Chicken Fajitas w/Rice	Pepperoni Pizza
Crinkle Cut French Fries	Steamed Broccoli Florets	Sweet Potato Tots	Refried Beans	on a Whole-Grain Crust
Chilled Diced Peaches	Apple	Mixed Fruit	Fresh Grapes	Green Beans
Milk	WG Biscuit	Milk	Salsa	Diced Pears
	Milk		Milk	Milk
5/14/2018	5/15/2018	5/16/2018	5/17/2018	5/18/2018
Sloppy Joes	Sweet and Sour Chicken	Whole-Grain Bean & Cheese Burrito	Chicken Strips	Whole-Grain Spaghetti w/Meatsauce
Smile Potatoes	with Rice	Carrot Sticks	Ranchero Beans	Mixed Vegetables
Chilled Diced Peaches	Steamed Broccoli Florets	Mixed Fruit	Orange Slices	Applesauce
Milk	Banana	Milk	Whole-Grain Biscuit	Wheat Breadstick
	Milk	Salsa	Milk	Milk
5/21/2018	5/22/2018	5/23/2018	5/24/2018	5/25/2018
BBQ Chicken Sandwich	Ham & Cheese Deli Sub	Chefs Choice	Last Day of School	
Sweet Potato Fries	Smile Potatoes		No Lunch	
Chilled Diced Peaches	Applesauce			
Milk	Milk			