

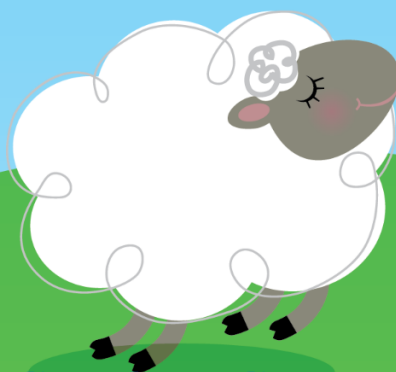


# LA PALOMA ACADEMY

**Meal Prices SY 23-24**  
**Paid Students : \$2.85**  
**Reduced Students : \$0.00**  
**Breakfast is FREE for all Students!**

**To Apply for FREE or REDUCED Meals Please Visit -**

**[WWW.MyschoolApps.com](http://WWW.MyschoolApps.com)**



**For questions regarding the online application process - please  
contact Amanda Herd at 623-466-3068 or  
[Amandam.Herd@gmail.com](mailto:Amandam.Herd@gmail.com)**

**This Institution Is an Equal Opportunity Provider**

# La Paloma Academy

## Lakeside Campus

### JANUARY MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>HAPPY NEW YEAR</b>				
8	9	10	11	12
Fudge Pop-Tart 100% Fruit Juice Cheese Cubes Stuffed Crust Or Pepperoni Pizza Baby Baker Taters Sliced Peaches	Breakfast Burrito Fresh Grapes Potato Baby Cakes BBQ Pulled Pork Soft Taco Tuesday! Steamed Broccoli Golden Bananas	Pancake Sandwich Apple Sauce Scrambled Eggs Bosco Pepperoni Stick Garlic Green Beans Sweet Orange Slices	Breakfast Pizza Fuzzy Kiwi Peach Yogurt Spaghetti & Meat Sauce BBQ Chicken /Roll Sweet Potato Fries Gala Apple Slices	Mini Donuts Sweet & Sour Apples Sausage Links Chicken Posole Hot Ham & Cheese Bun Refried Beans Mango Chunks
15	16	17	18	19
	Strawberry Bagel Bar Fresh Grapes String Cheese Chicken Nuggets/Roll Breakfast 4 Lunch! Crispy Tater Tots Sweet Orange Slices	Biscuits & Gravy Fresh Fruit Variety Crispy Bacon Regular or Spicy Beef Taco Stick Broccoli Bites Sliced Peaches	Mini Pancakes Melon Medley Scrambled Eggs Sloppy Joes Chicken Noodle Soup Carrot Sticks & Ranch Golden Bananas	Breakfast Bites Rainbow Gala Apple Hash Brown Patty Pulled Pork Tostadas Filet O Fish Sandwich Fiesta Bean Medley Sweet Strawberries
22	23	24	25	26
Strawberry Pop-Tart 100% Fruit Juice Cheese Cubes Stuffed Crust Cheese Or Pepperoni Pizza Baked Potato Mixed Fruit	Breakfast Pizza Fresh Grapes Vanilla Yogurt Mandarin Chicken Hot Diggity Dog Steamed Broccoli Golden Bananas	Chicken & Waffles Apple Sauce Potato Baby Cakes Soft Pretzel & Cheese Zesty Green Beans Sweet Orange Slices	Apple Frudel Fuzzy Kiwi Sausage Links Baked Chicken / Roll Meatball Sub BBQ Baked Beans Cinnamon Apple	French Toast Sticks Red Delicious Apple Crispy Bacon Chicken Quesadilla Chili Bowl & Cornbread Sweet Potato Fries Fresh Grapes
29	30	31	<div> <p><b>Paid Lunch Price - \$2.85</b>  <b>Reduced Price Lunch - NO CHARGE!</b>  <b>Breakfast is FREE for all!</b></p> </div>	
Golden Grahams Bar 100% Fruit Juice String Cheese Mini Corn Dog Baked Mozzarella Curly Q Potatoes Diced Pears	Breakfast Burrito Fresh Grapes Hash Brown Patty Beefy Nacho Supreme Cheesy Beef Burger Garlic Green Beans Gala Apple Slices	Egg & Bacon Fresh Fruit Variety Peach Yogurt Regular or Spicy Boneless Wings / Roll Broccoli Bites Sliced Peaches		



### January Food Traditions Celebrated Around The World

German - Pork and Sauerkraut are eaten on New Years Day to bring good luck in the New Year.

Japanese- Soba Noodles, or Toshiko Shi soba are eaten New Year's eve to welcome the New Year.

Southern American - Hoppin' John, is a dish comprised of black eyed peas, pork, rice and greens.

Spanish - 12 grapes are eaten at the stroke of midnight on New Year's Eve, one for each month of the year.

Mexican - Tamales are stuffed with meat, cheese, and masa, wrapped in a banana leaf or corn husk.



Apply For FREE or REDUCED Lunches at [WWW.Myschoolapps.com](http://WWW.Myschoolapps.com)  
 This Institution Is An Equal Opportunity Provider - This Menu Is Subject To Change



# La Paloma Academy

## JANUARY SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School Today	2 No School Today	3 No School Today	4 No School Today	5 No School Today
8 Pretzel Goldfish Crackers  100 % Fruit Juice	9 WG Graham Crackers & String Cheese  100 % Fruit Juice	10 Chex Mix  Apple Slices & Cherry Craisins	11 WG Baked Hot Cheetos  100 % Fruit Juice	12 WG Cherry Apple Crunch  100 % Fruit Juice
15 No School Today	16 WG White Cheddar Popcorn  100 % Fruit Juice	17 Cheez-Its  Apple Slices & Cherry Craisins	18 Rainbow Goldfish Crackers  100 % Fruit Juice	19 WG Rice Krispie Treat  100 % Fruit Juice
22 WG Nacho Cheese Doritos  100 % Fruit Juice	23 Baked BBQ Crisps  100 % Fruit Juice	24 Chex Mix  Apple Slices & Cherry Craisins	25 Pretzel Goldfish Crackers  100 % Fruit Juice	26 WG Cherry Apple Crunch  100 % Fruit Juice
29 WG Honey Bun Crackers  100 % Fruit Juice	30 WG Baked Hot Cheetos  100 % Fruit Juice	31 Cheez-Its  Apple Slices & Cherry Craisins		

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