

## La Paloma Academy November Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
11/6/2017	11/7/2017	11/8/2017	11/9/2017	11/10/2017
Yogurt & Crackers	Whole-Wheat Pan Dulce	Maple French Toast	Pancake Wrapped with Sausage on a Stick	Veteran's Day
and	served with a Cheddar Stick	or	or	No School
Lucky Charms with a	or	Fruity Cheerios with a	Bug Bites Graham Cracker	
Cheese Stick	Apple Strudel with a	Cheese Stick	served with Cheese Stick	
Grape 100% Juice	Cheddar Cheese Stick	and	and	
	and an Apple	Applesauce	Fresh Grapes	
1/13/2017	11/14/2017	11/15/2017	11/16/2017	11/17/2017
Yogurt & Crackers	Whole-Grain Bagel with Cream Cheese	Apple Churro	Pancake Wrapped with Sausage on a Stick	Mini Maple Waffles
and	or	or	or	or
Cocoa Puffs with a	Whole-Grain Cinnamon Pop-Tart	Apple Jacks with a	Blueberry Muffin served	Cheerios with a
Cheese Stick	served with a Cheese Stick	Cheese Stick	with Cheddar Stick	Cheese Stick
100% Grape Juice	and an	and	and	100% Orange Juice
	Apple	Mixed Fruit Bowl	Fresh Grapes	
1/20/2017	11/21/2017	11/22/2017	11/23/2017	11/24/2017
Yogurt & Crackers	Whole-Wheat Pan Dulce	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
and	served with a Cheddar Stick	No School	No School	No School
Lucky Charms with a	or			
Cheese Stick	Apple Strudel with a			
Grape 100% Juice	Cheddar Cheese Stick			
	and an Apple			
1/27/2017	11/28/2017	11/29/2017	11/30/2017	12/1/2017
Yogurt & Crackers	Mini Strawberry Bagel	Apple Churro	Pancake Wrapped with Sausage on a Stick	Mini Maple Waffles
and	with a Cheddar Cheese Stick	or	or	or
Cocoa Puffs with a	or	Apple Jacks with a	Apple Cinnamon Muffin	Little Wheat Bite Cereal
Cheese Stick	Whole-Grain Cinnamon Pop-Tart	Cheese Stick	with Cheddar Stick	with a Cheese Stick
100% Grape Juice	served with a Cheese Stick	and	and	100% Orange Juice
	and an Apple	Mixed Fruit Bowl	Fresh Grapes	
	Choice of F	at-Free or 1% White Milk available f	or breakfast.	
	Fat-Free Chocolat	e, Fat-Free White, or 1% White Milk	available for lunch.	
	"This i	nstitution is an equal opportunity pr	ovider."	
	Me	nus are subject to change without no	otice.	



## La Paloma Academy South Campus

## November Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
11/6/2017	11/7/2017	11/8/2017	11/9/2017	11/10/2017
Cheeseburger	Ham & Cheese Deli Sub	Chicken Fajitas	Mini Corn Dogs	Veteran's Day
Smile Potatoes	Steamed Broccoli	Whole-Grain Tortilla	Sweet Potato Tots	No School
Chilled Diced Peaches	Banana	Refried Beans	Orange Slices	
Milk	Milk	Mixed Fruit	Milk	
		Salsa		
		Milk		
11/13/2017	11/14/2017	11/15/2017	11/16/2017	11/17/2017
Chicken Pattie Sandwich	Maple Mini Pancakes	Chili Hot Dog	Beef Quesadilla	Pretzel and Cheese
Steamed Broccoli	Sausage Patty	Sweet Potato Tots	Refried Beans	Green Beans
Chilled Diced Peaches	Smile Potatoes	Mixed Fruit	Fresh Grapes	Diced Pears
Milk	Apple	Milk	Salsa	Milk
	Milk		Milk	
11/20/2017	11/21/2017	11/22/2017	11/23/2017	11/24/2017
Stuffed Meatloaf	Thanksgiving Feast	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
Whipped Potatoes		No School	No School	No School
Chilled Diced Peaches				
Milk				
11/27/2017	11/28/2017	11/29/2017	11/30/2017	12/1/2017
BBQ Chicken Sandwich	Crispy Drumstick	Ham & Cheese Deli Sub	Chicken Taco Bowl	Pepperoni Pizza on a Whole-Grain Crust
Sweet Potato Fries	Steamed Broccoli Florets	Green Beans	Refried Beans	Garden Salad with Italian Dressing
Chilled Diced Peaches	Apple	Mixed Fruit	Fresh Grapes	Diced Pears
Milk	Whole-Grain Biscuit	Milk	Salsa	Milk
	Milk		Milk	
	Fat-Free Chocolat "This i	at-Free or 1% White Milk available for e, Fat-Free White, or 1% White Milk nstitution is an equal opportunity pro- nus are subject to change without no	available for lunch. ovider."	