

# La Paloma Academy

## Marana Campus

### November Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		<p>Froot Loops Cereal Fresh Grapes Honey Grahams</p> <p><b>Chicken Sandwich</b> <b>Mixed Vegetables</b> <b>Cinnamon Apple</b></p>	<p>Blueberry Crumble Loaf 100% Fruit Juice String Cheese</p> <p><b>BBQ Pulled Pork</b> <b>Refried Beans</b> <b>Sweet Orange Slices</b></p>	<p>Breakfast Bites Sweet &amp; Sour Apple Strawberry Go-Gurt</p> <p><b>Baked Fish Sticks / Roll</b> <b>Sweet Potato Fries</b> <b>Fresh Grapes</b></p>
6	7	8	9	10
<p>Cinnamon Toast Bar 100% Fruit Juice Friends Grahams</p> <p><b>Mini Corn Dogs</b> <b>Baked Potato</b> <b>Diced Pears</b></p>	<p>Mini Pancakes Applesauce Cheese Cubes</p> <p><b>Walking Taco</b> <b>Steamed Broccoli</b> <b>Golden Bananas</b></p>	<p>Coco Puffs Cereal Fresh Grapes Blueberry Vanilla Bites</p> <p><b>Bosco Pepperoni Stick</b> <b>Mixed Vegetables</b> <b>Sweet Orange Slices</b></p>	<p>Maple Waffles 100% Fruit Juice String Cheese</p> <p><b>Chicken Rosole</b> <b>Celery Sticks / Ranch</b> <b>Apple Slices</b></p>	<p><b>Thank You Veterans</b></p>
13	14	15	16	17
<p>Fudge Pop-Tart 100% Fruit Juice Vanilla Tiger Tracks</p> <p><b>Galaxy Pizza</b> <b>Curly O Potatoes</b> <b>Sliced Peaches</b></p>	<p>Bagel &amp; Cream Cheese Fruit Cup Cheese Cubes</p> <p><b>Baked Chicken / Roll</b> <b>BBQ Baked Beans</b> <b>Mixed Berries</b></p>	<p>Apple Jacks Cereal Fresh Grapes Honeybun Goldfish</p> <p><b>Beef Taco Stick</b> <b>Broccoli Bites</b> <b>Melon Medley</b></p>	<p>Coco Dot Muffin 100% Fruit Juice String Cheese</p> <p><b>Spaghetti &amp; Meatballs</b> <b>Carrot Sticks / Ranch</b> <b>Cinnamon Apple Slices</b></p>	<p>Mini Donuts Rainbow Gala Apple Vanilla Yogurt</p> <p><b>Sloppy Joes</b> <b>Mixed Vegetables</b> <b>Fresh Grapes</b></p>
20	21	22	23	
<p>Lemon Chip Crunch Bar 100% Fruit Juice Bunny Friends Grahams</p> <p><b>Grilled Cheese</b> <b>Celery Sticks /</b> <b>Sweet Orange Slices</b></p>	<p>Mini Pancakes Apple Sauce Cheese Cubes</p> <p><b>Thanksgiving FEAST!!</b></p>	<p><b>HAPPY THANKSGIVING</b></p>		
27	28	29	30	
<p>Cinnamon UBR 100% Fruit Juice Chocolate Tiger Tracks</p> <p><b>Galaxy Pizza</b> <b>Baby Baker Taters</b> <b>Mixed Fruit</b></p>	<p>French Toast Sticks Applesauce Cheese Cubes</p> <p><b>Mandarin Chicken</b> <b>Sweet Potato Cross</b> <b>Golden Bananas</b></p>	<p>Lucky Charms Cereal Fresh Grapes Honey Grahams</p> <p><b>Boneless Wings / Roll</b> <b>BBQ Baked Beans</b> <b>Sweet Orange Slices</b></p>	<p>Mini Cinnis 100% Fruit Juice String Cheese</p> <p><b>Alfredo / Garlic Bread</b> <b>Steamed Broccoli</b> <b>Apple Slices</b></p>	

**Paid Lunch Price - \$2.85**  
**Reduced Price Lunch - NO CHARGE!**  
**Breakfast is FREE for all!**

### Cranberry Sauce - Love it or Loath it!

1. Cranberries are one of the only fruits Native to North America
2. The berries are grown in 5 states: MA, WI, OR, NJ and WA
3. Cranberries aren't actually grown in water, but they float on top
4. Cranberries were used as clothing dye by Native American Indians
5. 5,062,500 gallons of cranberry sauce are consumed by Americans yearly

**Apply For FREE or REDUCED Lunches - Applications Available in the Front Office**  
**This Institution Is An Equal Opportunity Provider**

# La Paloma Academy

## NOVEMBER SNACK MENU 2023

Monday

Tuesday

Wednesday

Thursday

Friday

HAPPY  
THANKSGIVING

Pretzel  
Goldfish  
Crackers

6

100 % Fruit Juice

WG Nacho  
Cheese  
Doritos

13

100 % Fruit Juice

Cheddar Chex  
MIX

20

100 % Fruit Juice

WG Nacho  
Cheese  
Doritos

27

100 % Fruit Juice

WG Cinnamon  
Bun Crackers

7

100 % Fruit Juice

Cheez-Its  
  
Apple Slices  
&  
Cherry Craisins

14

Baked  
BBQ Crisps

21

100 % Fruit Juice

Cinnamon Gripz  
& String  
Cheese

28

100 % Fruit Juice

WG White  
Cheddar  
Popcorn

1

100 % Fruit Juice

WG Sun  
Chips

8

100 % Fruit Juice

WG Honey  
Gram Bunny  
Friends

15

100 % Fruit Juice

No School Today

22

Cheez-Its

29

Apple Slices  
&  
Cherry Craisins

Rainbow  
Goldfish  
Crackers

2

100 % Fruit Juice

WG Rice  
Krispie  
Treat

9

100 % Fruit Juice

WG Munchie  
Mix

16

100 % Fruit Juice

No School Today

23

WG White  
Cheddar  
Popcorn

30

100 % Fruit Juice

Baked  
BBQ Crisps

3

100 % Fruit Juice

No School Today

10

WG White  
Cheddar  
Popcorn

17

100 % Fruit Juice

No School Today

24

GIVE  
THANKS

This Institution Is an Equal Opportunity Provider

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SCHOOL  
BUCKS

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