



La Paloma Academy January Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/8/18	1/9/18	1/10/18	1/11/18	1/12/18
Yogurt & Crackers and Cocoa Puffs with a Cheese Stick Grape 100% Juice	Whole-Grain Bagel w/Cream Cheese or Whole-Grain Cinnamon Pop-Tart served with Cheese Stick and an Apple	Blueberry Mini Pancakes or Apple Jacks with a Cheese Stick and Mixed Fruit Bowl	Pancake Wrapped w/Sausage on a Stick or Apple Cinnamon Muffin with Cheddar Stick and Fresh Grapes	Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice
1/15/18	1/16/18	1/17/18	1/18/18	1/19/18
Martin Luther King Day No School	Whole-Wheat Pan Dulce served w/Cheddar Stick or Apple Strudel with a Cheddar Cheese Stick and an Apple	Maple French Toast or Fruity Cheerio with a Cheese Stick and Applesauce	Pancake Wrapped w/Sausage on a Stick or Bug Bites Graham Cracker served with Cheese Stick and Fresh Grapes	Mini Maple Waffles or Trix with a Cheese Stick 100% Orange Juice
1/22/18	1/23/18	1/24/18	1/25/18	1/26/18
Yogurt & Crackers and Frosted Flakes with a Cheese Stick Grape 100% Juice	Mini Strawberry Bagel w/Cheddar Cheese Stick or Whole-Grain Cinnamon Pop-Tart served with Cheese Stick and an Apple	Strawberry Pancakes Whole-Grain or Little Wheat Bite Cereal with a Cheese Stick and Mixed Fruit Bowl	Pancake Wrapped w/Sausage on a Stick or Banana Muffin Whole-Grain served with Cheese Stick and Fresh Grapes	Mini Maple Waffles or Cheerios with a Cheese Stick 100% Orange Juice
1/29/18	1/30/18	1/31/18	2/1/18	2/2/18
Yogurt & Crackers and Trix with a Cheese Stick Grape 100% Juice	Whole-Wheat Pan Dulce served w/Cheddar Stick or Cherry Frudel with a Cheddar Cheese Stick and an Apple	Maple French Toast or Fruity Cheerio with a Cheese Stick and Applesauce	Pancake Wrapped w/Sausage on a Stick or Scooby Doo Graham Sticks served with Cheese Stick and Fresh Grapes	Mini Maple Waffles or Trix with a Cheese Stick 100% Orange Juice

Choice of Fat-Free or 1% White Milk available for breakfast.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Make payments to your child's lunch account at Whole-Wheatw.MySchoolBucks.com

Applications for FREE and REDUCED lunches are available at the front desk.





La Paloma Academy

January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1/8/18	1/9/18	1/10/18	1/11/18	1/12/18
Whole-Grain Grilled Cheese Sandwich Sweet Potato Fries Chilled Diced Peaches Milk	Blueberry Mini Pancakes Sausage Patty Smile Potatoes Apple Milk	BBQ Chicken Sandwich Green Beans Mixed Fruit Milk	Beef Taco Bowl Refried Beans Fresh Grapes Salsa Milk	Pretzel and Cheese Garden Salad with Italian Dressing Diced Pears Milk
1/15/18	1/16/18	1/17/18	1/18/18	1/19/18
Martin Luther King Day No School	Whole-Grain Chicken Nuggets Whipped Potatoes Banana Whole-Grain Biscuit Milk	Mini Chicken Tacos Refried Beans Mixed Fruit Milk Salsa	Orange Chicken with Rice Steamed Broccoli Florets Mandarin Oranges Milk	Pepperoni Pizza on Whole-Grain crust Green Beans Applesauce Milk
1/22/18	1/23/18	1/24/18	1/25/18	1/26/18
Hamburger Whipped Potatoes Chilled Diced Peaches Milk	Grilled Chicken Breast Green Beans Apple Whole-Grain Biscuit Milk	Lit'l Smokies Ranchero Beans Mixed Fruit Whole-Grain Tortilla Milk	Chicken Fajitas with Rice Carrot Sticks Fresh Grapes Whole-Grain Tortilla Milk	Lasagna Garden Salad with Italian Dressing Diced Pears Wheat Breadstick Milk
1/29/18	1/30/18	1/31/18	2/1/18	2/2/18
Cheeseburger Smile Potatoes Chilled Diced Peaches Milk	Turkey-Cheese Deli Sub Sweet Potato Fries Banana Milk	Beef Taco Bowl Celery Sticks Mixed Fruit Salsa Milk	Whole-Grain Turkey Corn Dog Barbecue Beans Orange Slices Milk	Cheese Stick with Marinara Garden Salad with Italian Dressing Applesauce Milk



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