



## LA PALOMA ACADEMY

**Meal Prices SY 23-24** 

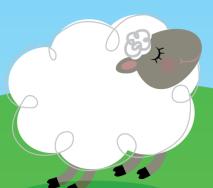
Paid Students: \$2.85

Reduced Students: \$0.00

**Breakfast is FREE for all Students!** 

To Apply for FREE or REDUCED Meals Please Visit -

WWW.MyschoolApps.com



For questions regarding the online application process contact Amanda Herd at 623-466-3068 or Amandam.Herd@gmail.com

This Institution Is an Equal Opportunity Provider



## **La Paloma Academy South Compue**





1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

JANUARI MENU							
Monday	Tuesday	Wednesday	Thursday	Friday			
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<b>8</b>	9	10	11	12			
Fudge Pop-Tark 100% Fruit Juice Cheese Cubes	Potato Baby Cakes	Pancake Sandwich Apple Sauce Scrambled Eggs	Breakfast Pizza Fuzzy Kiwi Peach Yogurt	Mini Donuts Sweet & Sour Apples Sausage Links			
Stuffed Crust Cheese Or Pepperoni Pizza Baby Baker Taters Sliced Peaches	BBQ Pulled Pork Soft Taco Tuesday! Steamed Broccoli Golden Bananas	Bosco Pepperoni Stick Garlic Green Beans Sweet Orange Slices	Spaghetti & Meat Sauce BBQ Chicken /Roll Sweet Potato Fries Gala Apple Slices	Chicken Posole Hot Ham & Cheese Refried Beans Mango Chunks			
15	16	17	_ 18	19			
MARTIN LUTHER KING JR	Strawberry Bagel Bar Fresh Grapes String Cheese Chicken Nuggets / Roll Breakfast 4 Lunch! Crispy Tater Tots Sweet Orange Slices	Biscuits & Gravy Fresh Fruit Variety Crispy Bacon Regular or Spicy Beef Taco Stick Broccoli Bites Sliced Peaches	Mini Pancakes Melon Medley Scrambled Eggs Sloppy Joes Chicken Noodle Soup Carrot Sticks & Ranch Golden Bananas	Breakfast Bites Rainbow Gala Apple Hash Brown Patty Pulled Pork Tostadas Filet O Fish Sandwich Fiesta Bean Medley Sweet Strawberries			
22	23	24	25	26			
Strawberry Pop-Tart 100% Fruit Juice Cheese Cubes Stuffed Crust Cheese Or Pepperoni Pizza Baked Potato Mixed Fruit	Breakfast Pizza Fresh Grapes Vanilla Yogurt Mandarin Chicken Hot Diggity Dog Steamed Broccott Golden Bananas	Chicken & Waffles Apple Sauce	Apple Frudel Fuzzy Kiwi Sausage Links Baked Chicken / Roll Meatball Sub BBQ Baked Beans Cinnamon Apple Slices	French Toast Sticks Red Delicious Apple Crispy Bacon Chicken Quesadilla Chili Bowl & Cornbread Sweet Potato Fries Fresh Grapes			
29	30	31		_			
Golden Grahams Bar 100% Fruit Juice String Cheese Mini Corn Dog Baked Mozzarella Curly Q Potatoes Diced Pears	Breakfast Burrito Fresh Grapes Hash Brown Patty Beefy Nacho Supreme Cheesy Beef Burger Garlic Green Beans Gala Apple Slices	Egg & Bacon Fresh Fruit Variety Peach Yogurt Regular or Spicy Boneless Wings / Roll Broccoli Bites Sliced Peaches	Paid Lunch Price - \$2.85 Reduced Price Lunch - NO CHARGE! Breakfast is FREE for all!				
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## January Food Traditions Celebrated Around The World

 $\underline{\text{German}}$  - Pork and Sauerkraut are eaten on New Years Day to bring good luck in the New Year.

<u>Japanese-</u> Soba Noodles, or Toshiko Shi soba are eaten New Year's eve to welcome the New Year.

<u>Southern American</u> - Hoppin' John is a dish comprised of black eyed peas, pork, rice and greens.

<u>Spanish</u> - 12 grapes are eaten at the stroke of midnight on New Year's Eve, one for each month of the year.

<u>Mexican</u> - Tamales are stuffed with meat, cheese, and masa, wrapped in a banana leaf or corn husk.





## La Paloma Academy JANUARY SNACK MENU

•	Monday	Tuesday	Wednesday	<ul><li>Thursday</li></ul>	<ul><li>Friday</li></ul>
•	No School Today	No School Today	No School Today	No School Today	No School Today
•	Pretzel Goldfish Crackers	WG Graham Crackers & String Cheese	Chex Mix 10 Apple Slices	WG Baked Hot Cheetos	WG Cherry Apple Crunch
	100 % Fruit Juice	100 % Fruit Juice	Cherry Craisins	100 % Fruit Juice	100 % Fruit Juice
	No School Today	WG White Cheddar Popcorn	Cheez-Its  Apple Slices	Rainbow 18 Goldfish Crackers	WG Rice Krispie Treat
		100 % Fruit Juice	Cherry Craisins	100 % Fruit Juice	100 % Fruit Juice
	WG Nacho Cheese Doritos	Baked BBQ Crisps	Chex Mix 24 Apple Slices	Pretzel Goldfish Crackers	WG Cherry Apple Crunch
	100 % Fruit Juice	100 % Fruit Juice	Cherry Craisins	100 % Fruit Juice	100 % Fruit Juice
	WG Honey Bun Crackers	WG Baked Hot Cheetos	Cheez-Its 31  Apple Slices		
	100 % Fruit Juice	100 % Fruit Juice	Cherry Craisins		